



**PRACTITIONER
DEVELOPMENT**
UK LTD

**PROVIDING ESSENTIAL,
TOP QUALITY
CPD COURSES FOR
HEALTHCARE
PROFESSIONALS**

Keep your career ahead of the game with PDUK. Now is the chance to meet others in your profession and sharpen up your skills

Autumn 2020/Winter 2021

**Royal College
of Nursing &
CPD Standards
Office accredited
courses
available**

THINKING OF DEVELOPING YOUR HEALTHCARE KNOWLEDGE EVEN FURTHER?

Practitioner Development UK (PDUK) is the place to be. We will provide all the training you need to maintain and improve your skills by offering:

- Courses that increase your knowledge and confidence in your professional life
- Expert tutors who know what challenges you face and who can give you the tools to overcome them
- CPD hours that will meet your requirements to stay qualified, whilst updating and refreshing your skills
- Training accredited by the RCN and CPD Standards Office

Delivered flexibly to suit you, PDUK courses are offered in three formats:

1) Scheduled courses

These are in particularly high demand so it's well worth securing your place early.

- Ideal for individuals
- Centrally located
- A fantastic networking opportunity, with the chance to meet others from all over the healthcare sector

See pages 3 - 11

2) PDUK eLearning courses

The most flexible study option possible, our eLearning courses can be completed anywhere and at any time—at home, at work or on the go.

- Perfect for those who like to study independently
- Easy to fit in around a busy work or family life
- Simply log on wherever you are and off you go!

See pages 12 - 15

3) In-house courses

These are particularly useful when training groups of staff together. Again they're very flexible, and can accommodate as many people as you wish at a time and location to suit you.

- Fully bespoke programmes that can be customised to meet your requirements
- Over 300 fully adaptable courses on offer
- Particularly cost effective and convenient.

See pages 16 - 22

Completion of a PDUK course is not a guarantee of clinical competence. This must be developed in the workplace with appropriate facilitation.

Paying by instalments

If you are making an individual rather than company booking, you can now pay for any PDUK course by instalments. If you wish to be considered for payment by instalments, please email info@pduk.net or call us on **02392 501428**

SCHEDULED COURSES

Enjoy learning and gaining the skills and knowledge so essential to your role

PDUK's scheduled courses are offered at specific, carefully chosen venues at set days in the calendar. However, if you can't find a date, location or time to suit, we'd be more than happy to deliver the courses in-house instead. Scheduled courses are especially ideal for small groups and individuals.

PDUK provides a massive range of courses making it easy to find the perfect one for you. Before you book, we strongly recommend having a look through the course content as well as the aims/objectives to ensure you'll get the maximum out of it. If you would like to ask a question or need further advice, please do get in touch.

At PDUK, we recognise the importance in understanding the latest healthcare legislation, skills and trends. This is why we work hard to make sure our courses are of the highest quality and are constantly reviewed. We are passionate about healthcare and have years of hands-on experience behind us, so you can rest assured whatever CPD course you choose will contain exactly what you need.

A03 FIVE-DAY PATIENT ASSESSMENT SKILLS WORKSHOP 5 days = 35 hours' CPD £675



The CPD Standards Office
INDEPENDENTLY ACCREDITED CPD
www.cpdstandards.com

This five-day programme provides practitioners with a springboard for diagnostic proficiency and clinical decision-making. After studying basic history-taking and physical examination techniques, you will have the opportunity to perform a complete physical examination that reflects clinical practice requirements and helps to develop all-round confidence. Covers essential skills for non-medical prescribers.

What's included

- History taking & practice.
- Physical examination techniques
- Examination of skin, hair and nails.
- Assessment of face, neck and ENT/practice
- Respiratory system examination practice
- Cardiovascular / peripheral vascular examination / practice
- Abdominal system examination/practice
- Examination of the eye/practice

- Mental health/Neurological assessment/ practice
- Musculoskeletal examination/ practice
- Documentation of findings
- Structured physical examination demonstration
- Top to toe physical examination test outs

Where and when - London

15-19 June 2020: St Bart's Hospital
September/October 2020

25-29 January 2021: St Bart's Hospital
26-30 April 2021: St Bart's Hospital

Quality Assurance Hands-on workshop: maximum student to trainer ratio 12:1

The skills covered in this course are now mandatory learning for all health-care practitioners who are required to carry out physical examinations on patients.

A13 MINOR AILMENTS ESSENTIALS

3 days = 21 hours' CPD £460

This is an opportunity for those of you who are confident in taking a history and physical examination and want to focus on the common and not so common patient complaints seen in primary health care.

What's included

- The red or painful eye
- Ear problems such as hearing loss and ear infections
- Upper & lower respiratory tract presentations to include painful sinuses, sore throat, cough and bronchitis
- Head, neck and back pain
- Skin conditions including examination principles, eczemas, psoriasis, infestations, bacterial, viral and fungal infections
- Acute abdominal pain covering diarrhoea, vomiting, constipation, indigestion, ectopic pregnancy and more.
- Gynae overview covering vaginal discharge, pelvic pain and the basics of emergency contraception
- Mental health- depression, assessment and management essentials

Note: This course assumes attendees are confident in history taking & physical examination. If you need to develop these skills please check out our 5 Day Patient Assessment workshop.

Where and when London

15-17 September 2020: Hamilton House
16-18 December 2020: Hamilton House

Ago- MINOR ILLNESS TRIAGE ESSENTIALS

1 day = 7 hours' CPD £185

This interactive course provides the tools for competent basic triage. The course focuses on history taking and essential observations for safe patient management in triage. It is specifically designed for practitioners who see patients with undifferentiated illnesses.

What's included

- Introduction to triage
- History taking essentials:
 - Principles, consultation structure and communication technique.
 - Recognition of red flags and accurate sign posting for potentially more serious illness
- Basic observation of the ill adult and/or child
- Basic assessment including red flags, initial management and appropriate referral of the patient with:
 - An ear, nose or throat related problem – acute and chronic presentations
 - An upper respiratory tract problem such as acute asthma or exacerbation of COPD
 - Abdominal pain
 - Headache
 - Simple back pain
 - Assessing rashes
 - Documentation
 - Triage scenarios

Note: Physical examination skills are not covered in this course.

Where and when London

1 December 2020: Hamilton House

Coming soon! Short scheduled courses for flexible study at home or on the go.
Check: pduk.net for details.

AR04 MINOR INJURY ESSENTIALS

3 days = 21 hours' CPD £460



This interactive programme focuses on the needs of community practitioners who are now expected to include basic injury review and care.

What's included

- Principles of musculoskeletal history taking, assessment and Evidence Based management.
- Basic assessment of the major joints including targeted history taking, anatomy, joint function and essential physical examination techniques.
- Hands-on practice is encouraged!
Joints covered include:
 - Shoulder
 - Elbow
 - Wrist and hand
 - Hip
 - Knees
 - Ankles and feet.
- Common conditions: signs & symptoms, differential diagnoses
- Management and referral
- Practice scenarios
- Head injuries
Classification, assessment and management of acute wounds, burns & minor infections
- Local analgesia
 - Types/safe levels
 - Local infiltration
 - Digital nerve block (demo & practice)
- Discuss principles of reduction of digital fracture and dislocation
- Nails
 - Subungual haematoma/trephining
 - Avulsed nails

Note: If an event needs to be canceled due to Covid 19 restrictions, all course applicants will be offered the choice of a full refund or credit. PDUK will provide at least four weeks notice of cancellation.

- Discuss methods of removal of foreign bodies from ear/eye/nose skin/subungual
- Discuss management of localised infections:
 - Paronychia
 - Assessment of minor abscesses including when to refer.
- Assessment and management of minor burns including appropriate referral
- Acute wound closure- basic principles & techniques:
 - Interrupted sutures- demo practice
 - Staples/tissue adhesive steristrips: demo/practice

RCN Accreditation does not guarantee clinical competence. This must be developed in the workplace. The course is not a replacement for full patient assessment training.

Quality Assurance Hands-on workshop: maximum student to trainer ratio 12:1

Where and when

London

26-28 October 2020: UCH Education Centre

12-14 January 2021: St Bart's Hospital

3-5 March 2021: St Bart's Hospital

AR127- ACUTE WOUND MANAGEMENT FOR URGENT & PRIMARY CARE PRACTITIONERS (INCLUDES TREATMENT FOR INFECTION) 1 day = 7 hours' CPD £215

This workshop provides attendees with core knowledge and skills in the assessment and treatment of acute wounds and infections. Some minor clinical procedures commonly used in general practice, minor injury units, urgent care and walk-in centres are included. Practitioners will gain experience in suturing and other wound closure techniques, as well as how to review and when to refer different wound, burn and infection presentations.

What's included

Classification, assessment and management of acute wounds, burns and minor infections

- Local analgesia
 - Types/safe levels
 - Local infiltration
 - Digital nerve block (demo & practice)
- Discuss principles of reduction of digital fracture and dislocation
- Discuss management of common nail presentations:

- Subungual haematoma/trephining
- Avulsed nails
- Discuss methods of removal of foreign bodies from ear/eye/nose skin/subungual
- Discuss management of localised infections:
 - Paronychia
 - Assessment of minor abscesses including when to refer.
- Assessment and management of minor burns including appropriate referral
- Demonstrate acute wound closure principles and techniques:
 - Simple, interrupted sutures
 - demo/practice
 - Staples/tissue adhesive
 - steristrips: demo/practice

Where and when - London

28 October 2020: UCH Education Centre

14 January 2021: St Bart's Hospital

5 March 2021: St Bart's Hospital

AR07 X-RAY INTERPRETATION OF MINOR INJURIES (INCLUDES RED DOT) 1 day = 7 hours' CPD £185

This workshop is underpinned by linking clinical presentation with relevant anatomy and principles of x-ray interpretation. Patient assessment, radiographic referral, interpretation and treatment for minor injuries are all included.

Who should attend

Practitioners should ideally be working in an environment where x-ray interpretation is part of their role but it may be suitable for practitioners making referrals for x-rays at another location. Clinical areas include minor injury units, A&E departments, out of hours services and walk-in centres.

What's included

- Legal & professional issues
- Principles of normal and abnormal appearances of bone, soft tissues and joint appearances on x-rays
- Paediatric considerations
- ABCS principles
- Red Dot principles
- History taking & mechanism of injury
- X-ray referrals
- Upper limb x-ray interpretation
- Lower limb x-ray interpretation
- X-ray interpretation quiz

Where and when - London

3 November 2020: Hamilton House

A67- BLOOD RESULTS: AN INTRODUCTION TO BASIC HAEMATOLOGY AND BIOCHEMISTRY INVESTIGATIONS

1 day = 8 hours' CPD £185



This study day provides a firm foundation for understanding essential blood results. An ideal first course or basic refresher.

What's included

Haematology

- The full blood count- an overview
- Red blood cell count haemoglobin and anaemia haematocrit/ platelets/ red cell indices/ESR
- White cell count/differential
- Coagulation tests including prothrombin time, INR and d-dimers
- Case studies

Biochemistry

- U &E's / eGFR
- Glucose and HbA1c
- Cardiac enzymes/lipids
- Liver function tests
- Case studies

Where and when

London

1 December 2020: Hamilton House

This course is very flexible and is an ideal in-house option. It can be tailored to suit individual group needs such as primary care & community practitioners, physiotherapists and mental health practitioners. Give us a call to discuss this today. 02392 501428

Coming soon! Short scheduled courses for flexible study at home or on the go. Check: pduk.net for details.

A119- ADVANCED INTERPRETATION OF BLOOD RESULTS IN CLINICAL PRACTICE

2 days = 14 hours' CPD £290

This programme builds on the fundamentals of interpreting blood tests and provides an advanced understanding of essential blood results.

What's included

- Review of the basic principles of haematology, coagulation and clinical biochemistry tests.
- 10 key fundamental themes of interpreting blood tests.
- Reference ranges
 - What to do when the result is out of range.
 - Using clinical decision limits and protocols
- In-depth exploration of what each blood test is actually measuring based on 4 unique identifiers
 - Haematology
 - The full blood count- an overview
 - Red blood cell count/ haemoglobin & anaemia haematocrit/ platelets
 - White cell count/differential
 - Coagulation tests including prothrombin time, INR and d-dimers
 - Case studies: interpreting the impact of lifestyle factors such as nutrition and drugs on the client's haematology profile.
- Recap and self-assessment
- Case studies
 - Biochemistry markers
 - Renal Function - U &E's / eGFR
 - Long Term Conditions: Glucose and HbA1c, lipids, COPD and blood gases.
 - Cardiac enzymes
 - Liver function tests and types of jaundice
- Autoimmune, viral and myeloma presentation
- Thyroid function testing
- Bone profile, bone disorders and red flags such as metastatic cancers.
- Summary and overview of reading resources and a study guide to complete.
- Evaluation

Where and when - London

4-5 November 2020: Hamilton House

AR94 RECOGNISING AND MANAGING ACUTE SKIN CONDITIONS IN PRIMARY CARE

1 day = 7 hours' CPD £185

Designed for practitioners who need to improve their skills in assessing and managing acute skin conditions. Dermatological conditions are commonly seen in primary care but health care practitioners are often challenged by even the most common presentations. This course will give you more confidence in assessing and safely managing these conditions.

What's included

- Principles of dermatological assessment
- Common acute skin problems: diagnosis, differentials and management (e.g. bacterial, fungal and viral infections)
- When chronic skin conditions become acute, recognition and treatment.
- Assessment of skin lesions (benign lesions and skin cancers)
- Dermatological emergencies

Where and when

London

19 November 2020: Hamilton House

The perfect preparation for nurse mentors who need to upskill to meet the new undergraduate nursing standards.

**Also available:
PDUK eLearning
course.**

**Skin infections
See page 15 for
further details.**

A86 CONTRACEPTION AND SEXUAL HEALTH WORKSHOP FOR THE PRIMARY CARE PRACTITIONER

2 days = 14 hours' CPD £310

This course had been designed to give participants an overview of the current methods of fertility control and the risks and benefits of different methods. The course will prepare clinicians to support appropriately qualified staff in monitoring women taking hormonal contraception and giving basic advice. Emergency contraception choices will also be discussed.

What's included

- Welcome and introduction to the course
- Aims & objectives: What do you need to know?
- Combined and oral hormonal contraception methods: COC/POP
- Long acting reversible contraception
- Barrier and other methods
- Safeguarding Issues: The law and under 16's
- Child sexual exploitation/ UME's County Lines
- Workshop scenarios
- Contraception needs of post-natal women and women over 40
- Emergency contraception
- STIs and HIV
- Partner notification
- Taking a sexual health history
- Workshops
- Questions, evaluation and close

Where and when - London

1-2 October 2020: Hamilton House

**Also available: iPDUK eLearning
course . Emergency contraception
update.
See page 13 for further details.**

A80 GYNAE CORE SKILLS FOR FIRST CONTACT PRACTITIONERS

1 day = 7 hours' CPD £185

This interactive one-day course is targeted at primary care practitioners involved in the management of and referral decisions for women presenting with gynaecological issues.

What's included

- Review of anatomy and physiology of the female genitourinary system
- Overview of gynaecological disorders- Endometriosis, PCOS, Adhesions, Pelvic organ prolapse, Gynae cancer
- Sexual history taking & promoting sexual health
- Physical assessment
- Abdominal & pelvic examination,
- Vaginal speculum examination,
- bimanual examination, screening & specimen collection
- Diagnosis and management of common gynaecological disorders including: pelvic pain, dysmenorrhea, bleeding and heavy menstrual bleeding, common sexually transmitted infections, retained tampon and or removal of foreign body, vaginal pessary use for prolapse
- Overview of emergency contraception
- Adolescent sexual health and Fraser Guidelines explored

Where and when London

12 January 2021- St Barts Hospital

A87- WHAT YOU SHOULD KNOW ABOUT MENOPAUSE

1 day = 7 hours' CPD £185

A comprehensive menopause update, this course will enhance clinical competence and confidence in caring for women in menopausal transition and postmenopause.

What's included:

- Physiology, signs and symptoms and advances in knowledge about menopause
- History taking, assessment and clinical features
- Treatment options, hormonal and non-hormonal
- Weighing HT risks, benefits and side effects
- Perimenopausal contraception and symptom management
- Vaginal atrophy and urogenital health
- Sexual health issues- case presentations and analysis
- Monitoring and counseling for midlife women's health and when to refer
- Ongoing research and evidence based guidelines

Where and when London

18 November 2020- Hamilton House

Note: If an event needs to be canceled due to Covid 19 restrictions, all course applicants will be offered the choice of a full refund or credit. PDUK will provide at least four weeks notice of cancellation.

A121 BEST PRACTICE IN ASSESSING & MANAGING CONSTIPATION & FAECAL INCONTINENCE IN ADULTS

2 days = 14 hours' CPD £300

This course is designed for practitioners looking to improve their skills in assessing and managing adult constipation and faecal incontinence. Such disorders are commonly seen in primary care as well as in adult social care settings, usually involving a multidisciplinary approach. Those involved in treatment can include colorectal surgeons, urologists, psychologists and pain management specialists as well as nursing and support staff.

What's included:

- Pathophysiology of pelvic floor defecatory dysfunction
- Types of constipation and faecal incontinence
- Review of how constipation affects urinary functions
- Assessing the patient with constipation or faecal incontinence including psychological evaluation of patients with pelvic floor dysfunction.
- Management options including:
 - conservative management of bowel dysfunction (biofeedback)
 - pharmacological treatments
 - rectal irrigation with hands on practice
 - proper referral and working across teams.
- Nutritional and functional gut disorders-role of the specialist gastroenterology dietician
- Evaluation and close

Where and when

London

19-20 Nov. 2020: Hamilton House

AR124 ANNUAL NMP V300 UPDATE COURSE

1 day = 7 hours' CPD £185



This one-day interactive generic course is ideal for all non-medical prescribers (NMP) with a recorded prescribing qualification (V300) who are working within the NMP role. Completion of the course fulfils the requirement for NMPs to demonstrate ongoing CPD by updating their qualification annually.

Who should attend?

All NMPs with a V300, including nurses, physiotherapists, radiographers, pharmacists, optometrists, podiatrists, midwives and paramedics.

NMPs are required to attend an annual NMP update. This course meets these requirements.

What's included

- Discuss current NMP updates and clinical governance;
- Examine current laws and legislation related to independent and supplementary prescribing;
- Discuss medico-legal issues and relate this to NMP clinical practice;
- Critically discuss practical and ethical issues in prescribing;
- Discuss common pitfalls in prescribing and prescribing errors;
- Examine adverse drug reactions and how to reduce errors;
- Discuss prescribing support resources;
- Assess clinical decision making skills in relation to evidence-based practice

Where and when - London

4 September 2020- ONLINE

9 December 2020: Hamilton House

10 March 2021: Hamilton House

A19 POLYPHARMACY – THE CONUNDRUMS OF MULTIPLE DRUG PRESCRIBING MADE EASY!

1 day = 7 hours' CPD £180

This workshop has been designed to help nurses and other non-medical prescribers enhance their knowledge of polypharmacy prescribing and medicine management.

What's included

- Medicines optimisation in the polypharmacy patient
 - Aim to understand the patient's experience
 - Value to patients
 - Advantages and disadvantages of multi compartmental devices (dossetts/MDS)
- Ensure medicines use is as safe as possible
 - Appropriate dosing in the elderly
 - Dosing in renal or hepatic impairment
 - Pharmacokinetics and narrow therapeutic window
 - QT Prolongation and cardiac effect of non-cardiac medicines
- Evidence based choice of medicines
 - Licensed vs unlicensed medication
 - Deprescribing medicines (Stopping)
 - Which medicines?
 - Which one first?
 - How do you deprescribe?
 - Prescribing for prevention? (starting)
 - Anticholinergic medicines and cognitive decline
- Make medicines optimisation sustainable and part of routine practice
 - Adverse drug reactions and Yellow Card reporting
 - Prevention of acute kidney injury
 - Side effects

Where and when London

20 November 2020: Hamilton House

P01 PAEDIATRIC MINOR ILLNESS

3 days = 21 hours' CPD £465



This course concentrates on childhood minor illnesses from infancy to late teen years. Ideal for the practitioner who is confident with history taking and physical examination skills and wants to explore a variety of paediatric conditions in an evidence based context. A chance to share your experience and build on your expertise.

What's included

- Review of age-appropriate history taking and physical exam techniques
- Anatomical and physiological differences in children
- Recognition of the ill child
- The febrile child
- Skin problems
- ENT conditions
- Abdominal complaints
- Respiratory problems
- Eye complaints
- Reinforcers

Note: Course pre-requisite - competency in history taking and physical examination skills

Where and when London

27-29 October 2020: Hamilton House
2-4 February 2021: Hamilton House

**Also available:
PDUK eLearning. Free taster:
The first steps in recognising the
acutely ill child
See page 13 for further details**

PDUK eLEARNING COURSES

Increase your CPD hours and sign up now

Stay ahead in your career with PDUK's
online CPD courses

Log on to PDUK's excellent eLearning courses, all run at a time and location most convenient for you. Our outstanding range of online courses at www.pduk.net will enable you to achieve industry-recognised professional qualifications to move your career forward.

Make eLearning a top priority in 2020

PDUK's handy online courses are engaging, flexible and topical and help get rid of any gaps in your healthcare knowledge. They're a great opportunity to learn at your own pace, with a multiple-choice quiz to supplement your learning at the end. There's plenty of tutor support available too.

Fancy a free taster course? Why not give us a go!

See if our eLearning courses are right for you before taking the plunge with a free 30-minute taster session. Once you're happy, you can then sign up for your chosen course confident of its benefits. Best of luck!

All you need to remember is to complete your course within 60 days.

Take a look through our courses to find the ideal one for you

Our CPD courses are head and shoulders above the rest

At PDUK all of our healthcare courses are designed by dedicated clinicians with years of experience in their field. Our programmes are fully guaranteed to meet the highest UK standards, with constant review by our panel of experts. The result is high quality healthcare courses that will increase your knowledge, skills and confidence in offering the very best service to patients.

The more staff signing up, the less you'll pay

We pride ourselves in offering cost-effective online courses for maximum value. With this in mind we're pleased to offer a 10% discount to employers purchasing 10 or more spaces on a PDUK eLearning courses at the same time.



FREE COURSE

THE FIRST STEPS IN RECOGNISING THE ACUTELY ILL CHILD

30 minutes' CPD Free!

Dr Debra Sharu ANP explains how to assess the severity of illness in the sick child. The course goes through a range of common symptoms, and how illnesses are diagnosed. It gives a strong foundation from which healthcare professionals can build on their skills and confidence.

EMERGENCY CONTRACEPTION UPDATE

2.5 hours CPD £32.00

This course, run by expert Liz Sherlock, provides an overview of emergency contraception and its practical application, based on guidance from the Faculty of Sexual & Reproductive Healthcare (FSRH).

This PDUK course will give healthcare professionals the ability to competently facilitate a woman's emergency contraception options, and how to prevent unplanned pregnancies. It covers topics such as what emergency contraception consists of and what the side effects may be.

MINOR INJURIES FOR PHARMACISTS

2.5 hours CPD £32.00

This course will offer pharmacists an improved understanding of minor injuries, including the assessment of breaks, lesions and burns. By the end of the session, healthcare professionals should be confident in assessing what first aid is necessary for each of the above presentations. The course will also help you spot when injuries are indeed minor, or when further assessment/treatment is required.

Book online now:

www.pduk.net/elearning.php

ASTHMA IN CHILDHOOD: THE ESSENTIALS

3.5 hours CPD £38.00

This programme is aimed at nurses and allied health professionals and looks at the initial skills required to identify asthma symptoms in children. Those attending this course will learn about lung function and triggers for asthma attacks. They will also learn how to diagnose and treat an asthmatic episode, as well as medication options and the correct use of inhaler devices.

IMMUNISATION UPDATE

(Complies with the Public Health England National Minimum Standards for Immunisation Training.)

1.5 hours' CPD £23.00

Liz Sherlock and Sharon Halpin look at immunisation for adults and children, as well as the legalities and challenges around immunisation. The course is ideal for healthcare professionals who are qualified to immunise and already do so. It's designed to help keep your yearly CPD requirements up to date.

ASSESSING MINOR HEAD INJURIES: AN INTRODUCTION

2.5 hours' CPD £32.00

Expert David Bradley draws on his many years of A&E experience to examine how to assess patients with potential minor head injuries. In addition to learning about common signs and symptoms, you'll also look at which skills and physical examinations are required to manage such presentations.

Book online now:
www.pduk.net/elearning.php

PAEDIATRIC MINOR INJURIES: AN INTRODUCTION

2.5 hours' CPD £32.00

Lorrie Lawton will teach you how to assess, diagnose and manage some of the most common paediatric minor injuries seen in Urgent Care, Minor Injury Units and Emergency Departments. This programme gives a brief overview of minor injuries commonly seen in children, including the key elements of history taking and documentation, examination techniques, management of foreign bodies and minor injuries including burns, head, hand and facial injuries.

ESSENTIAL OPHTHALMIC ASSESSMENT IN PRIMARY CARE

2.5 hours' CPD £32.00

Margaret Gurney's course for primary care health professionals gives a basic understanding of eye function and structure, as well as common sight- and non- sight-threatening eye problems.

SKIN INFECTIONS

2.5 hours' CPD £32.00

Rebecca Davis introduces common viral, bacterial, and fungal skin conditions. The course also looks at the main factors that cause them, including those from the herpes, staph and tinea groups.

DEMENTIA: UNDERSTANDING AND DEALING WITH CHALLENGING BEHAVIOURS

2.5 hours' CPD £32.00

Jane Gordon looks at the most common forms of challenging behaviour seen in patients with dementia. You'll spend time learning about the reasons behind the behaviour, as well as strategies to help prevent and manage it. With real-life case studies to assist in putting what you've learnt into practice, this PDUK course is suitable for healthcare professionals who have some experience of dealing with patients with dementia.

IN-HOUSE COURSES

The ideal solution in team training. Our targeted CPD healthcare courses mean that you decide exactly where, how – and what - your staff learn.



We will create a training course designed specifically with your staff in mind

We also spend time listening to, and understanding, the feedback we receive from our customers. PDUK's in-house events have always been very well received by teams of healthcare professionals right across the UK. Group training is the perfect opportunity to network, whilst building skills and confidence. It nurtures a much stronger team dynamic and brings everyone's unique skills and experience together. It also cultivates a supportive learning environment where ideas can be shared and explored - we believe this is the key to our success.

We can build your perfect tailor-made in-house programme - just choose from our huge range of PDUK courses or create your own with us!

Furthermore, the course will take place wherever you choose. This means that with our in-house courses you're guaranteed to find whatever you want, wherever and whenever you want it. Our single aim is to offer the knowledge and skills your staff need to move forward in their career whilst offering the best service to patients.

Once they're back on shift, all your staff - from nurses and doctors to health visitors and pharmacists - can utilise their knowledge in the course of patient care. All our in-house training solutions are commissioned by employers like you. Our courses work for their teams and we're confident they will work for yours, too.

How PDUK courses offer outstanding results

In the years since we launched, we've come to understand what does and doesn't work when it comes to learning - and are constantly looking to improve. Our comprehensive portfolio consists of more than 300 healthcare courses developed over a decade.

PDUK's prestigious history is also combined with professional expertise, knowledge, analysis and continuous review. Every course we offer assists us in fine-tuning our formula and providing exactly what you need from CPD.

Our specially selected expert tutors are chosen specifically for their years of experience and expertise. Because we have first-hand knowledge of frontline healthcare, our clinicians have the insight and empathy that's so effective in keeping you updated with the latest health care developments. This in turn will raise the standards in your organisation and mean an ever-better service to patients.

We are also aware that an abundance of spare cash is not always easily accessible, which is why we make sure our CPD courses are outstanding value for money. Why not make your investment go even further by commissioning a course for a group of staff (we charge by the event rather than the number of people attending).

So why is PDUK the best option when choosing CPD courses for your team?

Because everything we do centers around clinical excellence. Each course we put together draws on our many years of experience, current practice and aspirations for the future. To assist your team in improving their skills and knowledge, we offer effective learning solutions based on topical educational content. Our highly accomplished tutors also bring their subjects to life using real life case studies and situations.

Higher quality healthcare not only benefits patients but their families, friends and the community too. Feedback from our customers is consistently positive, and we are keen for this to continue. Excellent, regular CPD helps to bring up healthcare standards and our reputation for promoting advanced practice within healthcare training today speaks for itself.

Since PDUK was started back in 2002, we've trained thousands of healthcare staff making us perfectly placed to refine and improve our mixture of seminars and workshops.

Why not spend a few minutes having a look through our great range of over 300 courses and find something perfect for you? Or of course, if you have something specific in mind we'll be pleased to create a tailor-made course to meet the needs of yourself and your colleagues.

PDUK: advanced practice CPD for those working in frontline healthcare

PDUK works with individuals from both the NHS and the public and private healthcare sectors, across the UK and beyond. We train healthcare professionals from nurses (including advanced practice, community, hospital and general) and healthcare assistants, health visitors, physiotherapists, pharmacists, paramedics, podiatrists, radiographers, midwives and doctors. Everyone from students and those just starting their medical careers all the way up to consultants.

CPD is the key to offering the best service to patients and moving up through your career. So why not look through the courses

listed in this brochure and on our website (www.pduk.net) and get signed up today. Alternatively, please do get in touch so we can create a course specifically for your organisation and its needs.

Below is just a small selection of our courses:

- SEPSIS; EARLY RECOGNITION & MANAGEMENT
- CHRONIC HEART FAILURE: ASSESSMENT & MANAGEMENT IN PRIMARY CARE
- DIABETES CARE IN GENERAL PRACTICE
- EAR CARE IN THE COMMUNITY: IRRIGATION TRAINING ESSENTIALS FOR NURSES
- GETTING TO GRIPS WITH MENTAL HEALTH
- RED DOT TRAINING FOR RADIOGRAPHERS
- RESPIRATORY REVIEW: DIAGNOSIS AND CARE
- AN INTRODUCTION TO TRAVEL HEALTH

Save money and still get the exact course you need. If there are extra places available on your programme, you can team up with other local healthcare providers to divide up the costs. There are no minimum numbers required on each course, but we do limit numbers for optimum learning.

All our prices are fixed, with nothing extra. The price you see is the price you pay. All course materials, tutor expenses, specified equipment and certificates are included, and prices vary depending on the course you choose. For a quote, call us on 02392 501428.

We're here to help. When you come to us, we'll be pleased to provide a no-obligation quote that includes our terms and conditions. This means you know what you'll need to pay from the outset - and no more.

- ***Interested? We thought so!***

A complete list of our in-house programmes can be found on www.pduk.net

P49 SPORTS INJURIES IN 8-18 YEAR OLDS

2 days = 14 hours' CPD

This evidence-based, hands-on interactive course covers the physiological principles and practical considerations for assessing and managing common sports injuries in the school aged child, adolescent and teen-age patient. Participants will have the opportunity to apply these theoretical and practical concepts and techniques throughout the two days. This will boost their confidence in the recognition, differentiation, diagnosis, management and return-to-sport guidelines of common sports-related injuries.

What's included

- Review of basic MSK anatomy.
- Physiological principles underpinning sports injuries, including healing and tissue response to loading.
- Prevalence, definitions, classifications of injury
- Lower limb assessment including mechanism of injury, hands on practice, treatments and management
- Head and neck injuries
- Upper limb assessment including mechanism of injury, hands on practice, treatments and management
- Rehab and return to play

Quality assurance Hands-on workshop: maximum student to trainer ratio 12:1

Also available: PDUK eLearning course. An introduction to paediatric minor injuries. See page 15 for further details

P57 PAEDIATRIC IV THERAPY WORKSHOP

1 day = 8 hours' CPD

This course is ideal for practitioners who work with children in acute care or in the community. It is relevant for those who are new to IV therapy and for those that would like to review their knowledge of current evidence based paediatric intravenous therapy practice.

What's included

- Definition of IV therapy and its purpose
- Ways of delivering intravenous therapy (continuous, intermittent, bolus injection) and routes available including emergency, short term and long term.
- Devices: Peripheral venous access
Central venous access
- Preparing IV therapy including aseptic non-touch technique (ANTT)
- Administration of IV therapy including pump devices and ANTT
- Securing devices and maintaining line patency including the practitioner's responsibilities for the IV site.
- Fluids and total parenteral nutrition (TPN)
- Drug calculations
- Drug compatibility and instability
- When things go wrong.
- Professional, legal, and ethical issues of paediatric IV therapy
- Documentation

All scheduled courses can be delivered in-house

IH71 DEVELOPING YOUR X-RAY INTERPRETATION SKILLS

2 days = 16 hours' CPD

This course is ideal for practitioners with little or no experience in x-ray interpretation of minor injuries and those wanting to review their interpretation skills. It will help you and your practice give a more comprehensive service to your patients. The programme will provide a mix of theory and practice: linking patient presentation with underlying anatomy and radiographic principles.

History taking & mechanism of injury will be taught throughout the course.

What's included

- Legal & professional issues including Red Dot/Red Star.
- X-ray referral process
- Principles of normal and abnormal appearances of bone, soft tissues and joints on x-rays.
- Introduction to bone tumours and other pathological processes affecting bone.
- Physiology of bone growth and fracture repair including untreated fractures.
- Fracture classification and description including the juvenile Salter & Harris classification.
- ABCs - principles of systematic x-ray interpretation.
- Clinical examination of upper limbs.
- Upper limb x-ray interpretation.
- Clinical examination of lower limbs
- Lower limb x-ray interpretation - knee and proximal femur; ankle, tibia and fibula; foot and toes.
- Pitfalls and unusual cases
- X-ray interpretation quiz
- Assessment of facial injuries including onward referrals for x-rays

NB- course attendees are encouraged to bring interesting/unusual/difficult x-ray films for discussion

A116 TELEPHONE TRIAGE REFRESH & REFINE

1 day = 7 hours' CPD

This interactive study day is aimed at the experienced telephone triage practitioner. It provides participants with a review of basic skills and looks at more challenging issues.

What's included

- Managing a triage call review, including
 - Establishing a helpful relationship and active listening.
 - Different questioning techniques
 - Structuring the call
 - Dos and don'ts
- What makes a call difficult and how to handle the challenging caller
- Legal implications.
- Risk management; major trends, documentation, policies in telephone triage.
- Overview of common triage calls- covering main body systems: a problem-based approach
- Case scenario practice covering minor and major ailments and long term health conditions as required by participant's area of practice.
- Support systems; principles of writing protocols, audit and a discussion of what is needed in individual areas.

“The tutors were good communicators and enthusiastic about the subject.”

All scheduled courses can be delivered in-house

AR102 EAR CARE IN THE COMMUNITY: IRRIGATION TRAINING UPDATE

1/2 day = 3.5 hours' CPD

This workshop is deal for practitioners who have previously attended an introductory ear care and irrigation course. The programme focuses on theoretical and practical considerations thereby promoting continuing competence in this area of practice.

What's included

A review of:

- Ear anatomy and physiology
- Patient assessment, history and ear examination
- The normal tympanic membrane and common ear problems
- Aural toilet and wax removal
- Indications and contraindications to ear irrigation
- Potential complications and their management
- Locally used equipment, proper use, safe disposal and cleaning
- Patient advice and after care
- Documentation
- Legal issues and professional accountability

Note: *This course is delivered in 2 half-day sessions. Both sessions are delivered on the same day to two different groups.*

“The course was an excellent update. It was both reassuring and challenging. Just the right mix.”

IH103- CHRONIC HEART FAILURE: ASSESSMENT & MANAGEMENT IN PRIMARY CARE

1 day = 8 hours' CPD

Nurses in the community are taking on an ever-expanding role in the care of the patient with diagnosed Heart Failure. Many are not only responsible for providing routine patient care but must also assess and make management decisions for these patients. With heart disease as the foremost cause of death in the UK, the importance of this role cannot be underestimated. This course has been designed to assist the health care provider with meeting the challenges of this remit. It can be tailored for practitioners who are based in GP practices or out in the community.

What's included

- Introductions
- Pathophysiology, definitions and classification of CHF
- History taking & clinical assessment of heart failure including:
 - S&S
 - Physical examination essentials
 - Appropriate diagnostics
- Management of Chronic Heart Failure
 - Pharmacological treatments
 - Routine investigations
 - Nonpharmacological interventions
 - When to refer
- Case studies

“The course content was very relevant and has given me more confidence when dealing with patients who have chronic heart failure. Thank-you.”

P53 THE DETERIORATING CHILD

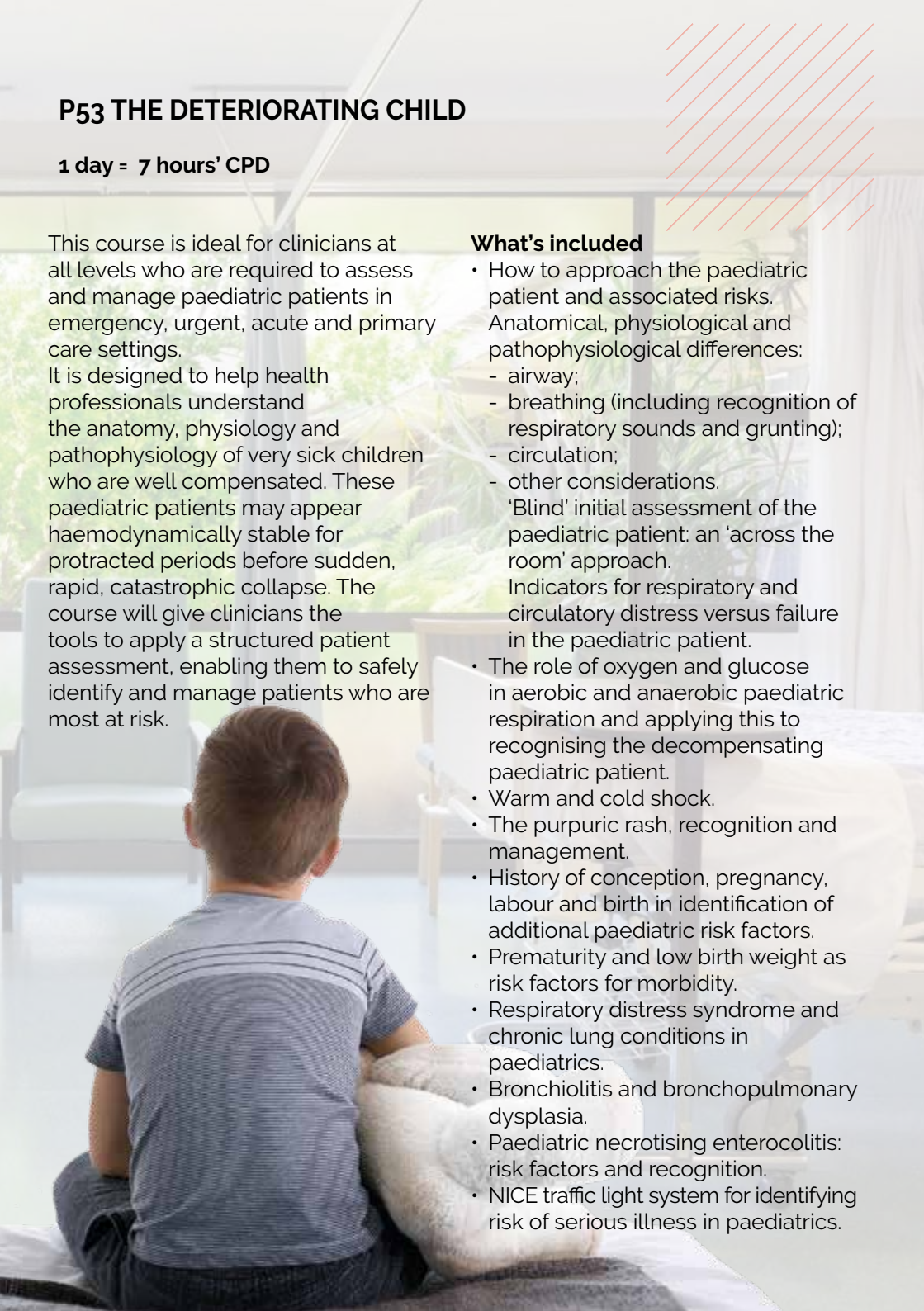
1 day = 7 hours' CPD

This course is ideal for clinicians at all levels who are required to assess and manage paediatric patients in emergency, urgent, acute and primary care settings.

It is designed to help health professionals understand the anatomy, physiology and pathophysiology of very sick children who are well compensated. These paediatric patients may appear haemodynamically stable for protracted periods before sudden, rapid, catastrophic collapse. The course will give clinicians the tools to apply a structured patient assessment, enabling them to safely identify and manage patients who are most at risk.

What's included

- How to approach the paediatric patient and associated risks. Anatomical, physiological and pathophysiological differences:
 - airway;
 - breathing (including recognition of respiratory sounds and grunting);
 - circulation;
 - other considerations.
- 'Blind' initial assessment of the paediatric patient: an 'across the room' approach. Indicators for respiratory and circulatory distress versus failure in the paediatric patient.
- The role of oxygen and glucose in aerobic and anaerobic paediatric respiration and applying this to recognising the decompensating paediatric patient.
- Warm and cold shock.
- The purpuric rash, recognition and management.
- History of conception, pregnancy, labour and birth in identification of additional paediatric risk factors.
- Prematurity and low birth weight as risk factors for morbidity.
- Respiratory distress syndrome and chronic lung conditions in paediatrics.
- Bronchiolitis and bronchopulmonary dysplasia.
- Paediatric necrotising enterocolitis: risk factors and recognition.
- NICE traffic light system for identifying risk of serious illness in paediatrics.





The CPD Standards Office
INDEPENDENTLY ACCREDITED CPD
www.cpdstandards.com

P55- 6-8 WEEK CHECK: UPDATE YOUR SCREENING SKILLS

1 day = 8 hours' CPD

Following Public Health England's new-born and infant physical examination (NIPE) screening guidelines, this course offers practitioners who need to refresh their skills, a chance to review theory and practice in a stimulating learning environment. The four NIPE examination screening elements are central to this programme. Hands on practice will form part of the day along with exploration of normal and abnormal findings..

Who should attend:

Practitioners who have completed an accredited neonatal or 6-8-week examination course and require a yearly update.
Practitioners who would like to refine their current skills.

What's included

- Introduction
- Review of the new-born infant physical examination programme (NIPE) and standards
- Skill builders:
 - Screening history
 - Assessment of HENT, skin and eyes
 - Respiratory assessment
 - Cardiac assessment
 - Abdominal assessment including male and female genitalia/anus
 - Neurological assessment
 - Musculoskeletal assessment including detection of developmental dysplasia of the hip (DDH)
 - Documentation and referrals.
- Summary of infant screening

IH59 VERIFICATION OF EXPECTED PATIENT DEATH

1 day = 7 hours' CPD

There are situations when a doctor may not be available, and the death of a patient is anticipated. In such cases a registered nurse may verify the death has occurred. This course will provide a foundation in which nurses can work collaboratively and confidently in ensuring safe, skilful verification of expected patient death.

NP- Course delegates should be competent in performing basic physical examinations.

What's included

- The role of the medical and non-medical health care providers in verification of expected death including confirmation of resuscitation status and the legal position of verifying a patient has died.
- Theory and practice of the verification procedure:
 - Clinical examination following suspected death - respiratory, cardiovascular and pupil assessment.
- Documenting a death.
- Bereaved relatives, communication and breaking bad news.
- The role of the undertaker.
- The coroner's role and when to refer.
- Providing the police with necessary information.
- What to do in a potential crime scene

USEFUL INFORMATION/ TERMS & CONDITIONS

For information on our data protection policy go to www.pduk.net

Scheduled course times & fees

Courses usually run from 10:00am- 16:30pm. Timings will be confirmed in your course information pack, 2-3 weeks before the event.

All fees are inclusive of standard UK VAT rates and include tuition, course material and certificate of completion. Our scheduled events include morning and afternoon refreshments. Accommodation is not included.

Booking discount

There is a 10% group-booking discount on PDUK scheduled courses. Bookings must be for groups of 4 or more attendees for the same event. All applications must be submitted at the same time. This discount does not apply with any other offer.

Booking a scheduled event

Bookings can be made over the telephone, or online through our website:

www.pduk.net. Bookings are regarded as firm bookings and you are advised that once made you have entered into a contract. Provisional bookings are NOT accepted.

Payments

Employer or third party sponsored applications. - An invoice is raised once an application is processed. Payment is due within 30 days of issue. When available please quote purchase order numbers. It is strongly advised that funding be secured before booking a course. If an employer refuses to pay, the attendee is liable for full payment.

Bookings made by self-pay candidates must be paid in full within 30 days of application or 4 weeks prior to the course commencing, whichever is soonest. Payment for courses can be split into two or three payments. This option is only open when agreed in advanced with PDUK. If you are interested in this option contact us on info@pduk.net or 02392501428. Course packs will not be posted until full payment is made.

Payment methods

Choosing the invoice option when booking - Paying directly into our bank account, details as provided on the invoice. (Please use the invoice no. as payment reference). Choosing the credit or debit card option when booking -Credit or debit card payments can only be made online, in full, at the time of booking. Late payments will incur an additional 8% charge.

NOTE: *Bank cheques are no longer accepted as a form of payment*

Cancellations received 5 weeks before the start of the course may be liable to a £15 cancellation fee. Cancellations received within 5 weeks of the event are liable for the full course fee. All cancellations must be made by email and will not be accepted by any other means. We are happy to accept a substitution candidate at no additional cost but do require their contact details. Full payment will be due from anyone who fails to attend.

Course changes

Practitioner Development UK reserves the right to change the venue, cancel a course or defer to a later date(s) at any time and without prior notice. Fees will be refunded in full should delegates not wish to attend the alternative date or in the event of a cancellation. Practitioner Development UK is not responsible for personal expenses incurred due to a cancelled event.

Travel & accommodation

We advise you NOT to book accommodation and travel until you have received your course information pack. This will be sent 2-3 weeks before the course commences. Practitioner Development UK will not reimburse these costs.

Purchasing E-learning

Payment for individuals must be made at the time of purchase via credit or debit card. All card transactions must be made online at www.pduk.net. If an invoice is required for a bulk purchase by an organisation, please contact us on info@pduk.net or call 02392 501428.

PRACTITIONER DEVELOPMENT

UK LTD

Build up your career, network with colleagues and enjoy reaching your potential

Sign up for a PDUK training course and see your list of professional qualifications grow!

Our goal is to make healthcare provision better - it's the whole reason for our existence. We believe that the most effective way of doing this is to continuously improve the expertise, training, skills and knowledge of thousands of healthcare practitioners across the world.

All the training courses run by PDUK are well known globally. They are designed to help healthcare professionals achieve the highest standards and progress in their careers. PDUK is proud of its long history, having pioneered advanced healthcare training in the UK well over a decade ago with our very first RCN-accredited course. Since then, we've built up our professional training schemes to offer a comprehensive range of over 300 courses. We update and refine all our courses regularly in order to comply with the constantly evolving needs of patients, practitioners and the health service. This attention to detail means you know you're getting the highest quality healthcare CPD courses on the market.

PDUK courses are professionally recognised

Many of our courses are accredited by the RCN and the CPD Standards Office.

CPD is essential in updating your knowledge and revalidating your licence

All nurses who are registered with the Nursing and Midwifery Council are now required to revalidate their licenses (<http://revalidation.nmc.org.uk/>). This involves completing 35 hours of continuing professional development

Autumn 2020/Winter 2021

- Visit us online: www.pduk.net
- Call us: 0207 1019294
- Or 02392 501428

**Practitioner Development UK Ltd.,
Third Floor, 86-90 Paul Street,
London EC2A 4NE**

(CPD) over three years. Our engaging, flexible training solutions are fully certified. This means they are not only relevant just to your job role, but also in enhancing your professional portfolio.

The programmes offered by PDUK also meet the CPD requirements of advanced nurse practitioners as well as other health professionals.

Stay abreast of new developments

Healthcare legislation, standards and guidelines are constantly being updated, making it vital that practitioners are fully informed about current clinical procedures and developments. For this reason, all our programmes are designed and delivered by experienced clinicians who are passionate about teaching.

Excellence is our mission

PDUK is serious about training healthcare professionals to the very best of their ability. We believe that only then can patients truly benefit and be fully informed when it comes to their health concerns. We're here to support your staff in reaching new heights, whatever their professional field might be. Our programmes are targeted to give health practitioners - from nurses and midwives, to doctors, pharmacists and health visitors - the specialist skills, knowledge and confidence they need to get on at work. Our scheduled and in-house healthcare training courses both across the UK and abroad offer the most effective CPD possible. When you train with PDUK, you know that clinical excellence is within reach and - crucially - the chance to offer world-class patient care.

HOW PDUK BEGAN

Debra Sharu DPhil, ANP is a fully qualified family nurse practitioner, as well as an experienced clinician, academic, author and educator. Having started her career as a hospital ward nurse, Dr Sharu has been on the front line of cutting-edge healthcare ever since. Passionate about teaching and learning, her goal has always been in improving advanced practitioner education both here and overseas.