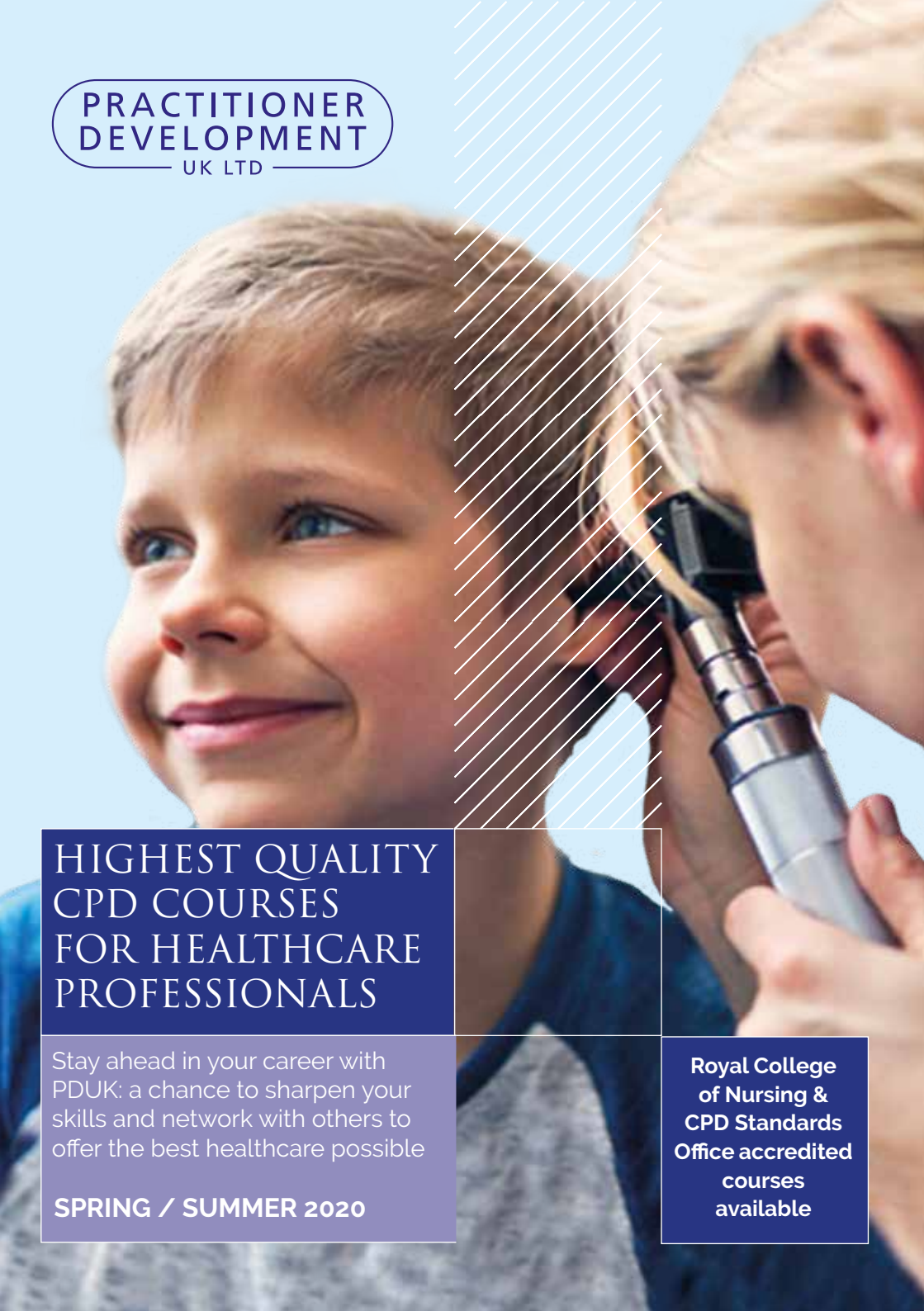
PRACTITIONER DEVELOPMENT UK LTD



HIGHEST QUALITY CPD COURSES FOR HEALTHCARE PROFESSIONALS

Stay ahead in your career with PDUK: a chance to sharpen your skills and network with others to offer the best healthcare possible

SPRING / SUMMER 2020

Royal College of Nursing & CPD Standards Office accredited courses available

LOOKING TO BOOST YOUR CAREER IN HEALTHCARE?

Practitioner Development UK (PDUK) will help you maintain your skills and stay up-to-date by providing:

- Courses that advance your knowledge and confidence
- Tutors who are experts in their field and who understand the challenges you face
- CPD hours to meet revalidation targets to keep your knowledge fresh
- RCN and CPD Standards Office accredited training.

Courses are flexible and come in three formats:

1) Scheduled courses

These are a popular option so it's worth booking early to avoid disappointment

- Perfect for individuals
- Centrally located
- Handy for getting out and meeting people from the same discipline

See pages 3 - 13

2) PDUK eLearning courses

Study at home or on the go, whenever and however you want to.

- Ideal for anyone who prefers to study independently
- Can be fitted around work or family commitments
- Log on anywhere at any time

See pages 14 - 17

3) In-house courses

Great for training groups of staff together. We'll come to you at a time and venue you choose.

- Fully customised programmes tailored to your needs
- Over 300 fully adaptable courses available
- Highly cost-effective as well as being convenient and flexible

See pages 18 - 26

Completion of a PDUK course is not a guarantee of clinical competence. This must be developed in the workplace with appropriate facilitation.

10% discount

Book 4 or more people on the same scheduled course at the same time and receive a 10% discount

Paying by instalments

If you are making an individual rather than company booking, you can now pay for any PDUK course by instalments. If you wish to be considered for payment by instalments, please email info@pduk.net or call us on 02392 501428.

Scheduled Courses

Tried-and-trusted healthcare training for individuals and small groups

PDUK's scheduled courses are held at set venues on specific days in the calendar, although they can also be delivered in-house if required. They're perfect for individuals and small groups.

Gain the skills and knowledge you need We have a huge variety of courses on offer so you should easily be able to find the one for you. Before booking, we strongly recommend reading through the course content as well as the aims/ objectives to make sure it suits your goals and experience level. If you're not sure which course is for you or you need to ask a question, feel free to get in touch.

At PDUK we understand how important it is to keep up with current trends and industry requirements - that's why we constantly review and update our courses. Combined with hand-on experience and a passion for healthcare, the right training will boost your CPD hours and keep your career on track.

A03 FIVE-DAY PATIENT ASSESSMENT SKILLS WORKSHOP

5 days = 35 hours' CPD £675

The CPD Standards Office
INDEPENDENTLY ACCREDITED CPD
www.cpdstandards.com

This five-day programme provides practitioners with a springboard for diagnostic proficiency and clinical decision-making. After studying basic history-taking and physical examination techniques, you will have the opportunity to perform a complete physical examination that reflects clinical practice requirements and helps to develop all-round confidence. Covers essential skills for non-medical prescribers.

What's included

- History taking & practice.
- Physical examination techniques
- Examination of skin, hair and nails.
- Assessment of face, neck and ENT/practice
- Respiratory system examination practice
- Cardiovascular / peripheral vascular examination / practice
- Abdominal system examination/ practice
- Examination of the eye/practice
- Mental heath/Neurological assessment/ practice
- Musculoskeletal examination/ practice
- Documentation of findings
- Structured physical examination demonstration
- Top to toe physical examination test outs

Where and when - London

3-7 February 2020: St Bart's Hospital
15-19 June 2020: St Bart's Hospital
September/October 2020
TBA on pduk.net

Quality Assurance Hands-on workshop: maximum student to trainer ratio 12:1

The skills covered in this course are now mandatory learning for all health-care practitioners who are required to carry out physical examinations on patients. Ideal for mentors who need to upskill in preparation for the new undergraduate nursing curriculum.

Royal College of Nursing
Accredited by the RCN Centre for Professional Accreditation

A13 MINOR AILMENTS ESSENTIALS

3 days = 21 hours' CPD £460

This is an opportunity for those of you who are confident in taking a history and physical examination and want to focus on the common and not so common patient complaints seen in primary health care.

What's included

- The red or painful eye
- Ear problems such as hearing loss and ear infections
- Upper & lower respiratory tract presentations to include painful sinuses, sore throat, cough and bronchitis
- Head, neck and back pain
- Skin conditions including examination principles, eczemas, psoriasis, infestations, bacterial, viral and fungal infections
- Acute abdominal pain covering diarrhoea, vomiting, constipation, indigestion, ectopic pregnancy and more.
- Gynae overview covering vaginal discharge, pelvic pain and the basics of emergency contraception
- Mental health- depression, assessment and management essentials

Note: ***This course assumes attendees are confident in history taking & physical examination. These techniques will not be practiced during the course. If you need to develop these skills please check out our 5 Day Patient Assessment workshop.***

Where and when
London
28-30 April 2020: Hamilton House
15-17 September 2020: Hamilton House

A90- MINOR ILLNESS TRIAGE ESSENTIALS

1 day = 7 hours' CPD £185

This interactive course provides the tools for competent basic triage. The course focuses on history taking and essential observations for safe patient management in triage. It is specifically designed for practitioners who see patients with undifferentiated illnesses.

What's included

- Introduction to triage
- History taking essentials:
  - Principles, consultation structure and communication technique.
  - Recognition of red flags and accurate sign posting for potentially more serious illness
- Basic observation of the ill adult and/or child
- Basic assessment including red flags, initial management and appropriate referral of the patient with:
  - An ear, nose or throat related problem – acute and chronic presentations
  - An upper respiratory tract problem such as acute asthma or exacerbation of COPD
  - Abdominal pain
  - Headache
  - Simple back pain
  - Assessing rashes
  - Documentation
  - Triage scenarios

Note: *Physical examination skills are not covered in this course.*

Where and when
London
5 May 2020: Hamilton House
3 July 2020: Hamilton House

Royal College of Nursing
Accredited by the RCN Centre for Professional Accreditation

AR04 MINOR INJURY ESSENTIALS

3 days = 21 hours' CPD £460

This interactive programme focuses on the needs of community practitioners who are now expected to include basic injury review and care.

What's included

- Principles of musculoskeletal history taking
- Basic assessment of the major joints including targeted history taking, anatomy, joint function and essential physical examination techniques. Hands on practice is encouraged!

Joints covered include:

- shoulder
- elbow
- wrist and hand
- hip
- knees
- ankles and feet

- Common conditions
- Management and referral
- Practice scenarios
- Local analgesia
  - Types/safe levels
  - Local infiltration
- Wounds - including abrasions, cuts, burns and bites:
  - Classification/management
  - All forms of closure/deep sutures demo/practice
  - Removal of foreign bodies ear/eye nose/others
- Ingrown toenails
- Infections
  - Paronychia
  - Minor abscesses

RCN Accreditation does not guarantee clinical competence. This must be developed in the workplace. The course is not a replacement for full patient assessment training.

Where and when
London
22-24 January 2020: St Bart's Hospital
3-5 March 2020: St Bart's Hospital
24-26 June 2020: St Bart's Hospital
October/November 2020:
TBA on pduk.net

AR10 MINOR SURGICAL PROCEDURES

1 day = 7 hours' CPD £215

This workshop will provide you with basic instruction in common minor surgical techniques used in minor injuries units, general practice, urgent care and walk in centres. The emphasis is on emergency wound care. Hands on participation is encouraged, fostering your competence in developing these skills for use in the workplace

What's included

- Principles of analgesia.
- Wound assessment, closure & management
  - Basic suturing technique/practice
  - Application of topical skin adhesive
- Common surgical procedures
  - Incision and drainage of an abscess
  - Paronychia management
  - Release of subungual haematoma
  - Digital block-fracture reduction
  - Management of ingrown toenails
  - Foreign body removal

Where and when
London
24 January 2020: St Bart's Hospital
5 March 2020: St Bart's Hospital
26 June 2020: St Bart's Hospital
October/November 2020:
TBA on pduk.net

Quality Assurance
Maximum student trainer ratio 12:1

P49 SPORTS INJURIES IN 8-18 YEAR OLDS

2 days = 14 hours' CPD £310

This evidence-based, hands-on interactive course covers the physiological principles and practical considerations for assessing and managing common sports injuries in the school aged child, adolescent and teen-age patient. Participants will have the opportunity to apply these theoretical and practical concepts and techniques throughout the two days. This will boost their confidence in the recognition, differentiation, diagnosis, management and return-to-sport guidelines of common sports-related injuries.

What's included

- Review of basic MSK anatomy.
- Physiological principles underpinning sports injuries, including healing and tissue response to loading.
- Prevalence, definitions, classifications of injury
- Lower limb assessment including mechanism of injury, hands on practice, treatments and management
- Head and neck injuries
- Upper limb assessment including mechanism of injury, hands on practice, treatments and management
- Rehab and return to play

Where and when
London
30 April-1 May 2020: St Bart's Hospital

Also available: PDUK eLearning course. An introduction to paediatric minor injuries. See page 17 for further details

AR07 X-RAY INTERPRETATION OF MINOR INJURIES

(INCLUDES RED DOT)

1 day = 7 hours' CPD £185

This workshop is underpinned by linking clinical presentation with relevant anatomy and principles of x-ray interpretation. Patient assessment, radiographic referral, interpretation and treatment for minor injuries are all included.

Who should attend

Practitioners should ideally be working in an environment where x-ray interpretation is part of their role but it may be suitable for practitioners making referrals for x-rays at another location. Clinical areas include minor injury units, A&E departments, out of hour's services and walk-in centres.

What's included

- Legal & professional issues
- Principles of normal and abnormal appearances of bone, soft tissues and joint appearances on x-rays
- Paediatric considerations
- ABCS principles
- Red Dot principles
- History taking & mechanism of injury
- X-ray referrals
- Upper limb x-ray interpretation
- Lower limb x-ray interpretation
- X-ray interpretation quiz

Where and when
London
21 May 2020:
Hamilton House

A67- BLOOD RESULTS: AN INTRODUCTION TO BASIC HAEMATOLOGY AND BIOCHEMISTRY INVESTIGATIONS

1 day = 8 hours' CPD £185

This study day provides a firm foundation for understanding essential blood results. An ideal first course or basic refresher.

What's included

Haematology

- The full blood count- an overview
- Red blood cell count haemoglobin and anaemia haematocrit/ platelets/ red cell indices/ESR
- White cell count/differential
- Coagulation tests including prothrombin time, INR and d-dimers
- Case studies

Biochemistry

- U &E's / eGFR
- Glucose and HbA1c
- Cardiac enzymes/lipids
- Liver function tests
- Case studies

Where and when

London

2 June 2020: Hamilton House

This course is very flexible and is an ideal in-house option. It can be tailored to suit individual group needs such as primary care & community practitioners, physiotherapists and mental health practitioners. Give us a call to discuss this today. 02392 501428

"[It was] excellently presented with good examples and discussion."

A119- ADVANCED INTERPRETATION OF BLOOD RESULTS IN CLINICAL PRACTICE

2 days = 14 hours' CPD £290

This programme builds on the fundamentals of interpreting blood tests and provides an advanced understanding of essential blood results.

What's included

- Review of the basic principles of haematology, coagulation and clinical biochemistry tests.
- 10 key fundamental themes of interpreting blood tests.
- Reference ranges
  - What to do when the result is out of range.
  - Using clinical decision limits and protocols
- In-depth exploration of what each blood test is actually measuring based on 4 unique identifiers
  - Haematology
  - The full blood count- an overview
  - Red blood cell count/ haemoglobin & anaemia haematocrit/ platelets
  - White cell count/differential
  - Coagulation tests including prothrombin time, INR and d-dimers
- Case studies: interpreting the impact of lifestyle factors such as nutrition and drugs on the client's haematology profile.
- Recap and self-assessment
- Case studies
  - Biochemistry markers
  - Renal Function - U &E's / eGFR
  - Long Term Conditions: Glucose and HbA1c, lipids, COPD and blood gases.
  - Cardiac enzymes
  - Liver function tests and types of jaundice
- Autoimmune, viral and myeloma presentation
- Thyroid function testing
- Bone profile, bone disorders and red flags such as metastatic cancers.
- Summary and overview of reading resources and a study guide to complete.
- Evaluation

Where and when

London

5-6 May 2020: Hamilton House

AR94 RECOGNISING AND MANAGING ACUTE SKIN CONDITIONS IN PRIMARY CARE

1 day = 7 hours' CPD £185

Designed for practitioners who need to improve their skills in assessing and managing acute skin conditions. Dermatological conditions are commonly seen in primary care but health care practitioners are often challenged by even the most common presentations. This course will give you more confidence in assessing and safely managing these conditions.

What's included

- Principles of dermatological assessment
- Common acute skin problems: diagnosis, differentials and management (e.g. bacterial, fungal and viral infections)
- When chronic skin conditions become acute, recognition and treatment.
- Assessment of skin lesions (benign lesions and skin cancers)
- Dermatological emergencies

Where and when
London
14 May 2020: Hamilton House

Ideal for mentors who need to upskill to meet the new undergraduate nursing standards.

Also available: PDUK eLearning course.

Skin infections
See page 17 for further details.

A86 CONTRACEPTION AND SEXUAL HEALTH WORKSHOP FOR THE PRIMARY CARE PRACTITIONER

2 days = 14 hours' CPD £310

This course had been designed to give participants an overview of the current methods of fertility control and the risks and benefits of different methods. The course will prepare clinicians to support appropriately qualified staff in monitoring women taking hormonal contraception and giving basic advice. Emergency contraception choices will also be discussed.

What's included

- Welcome and introduction to the course
- Aims & objectives: What do you need to know?
- Combined and oral hormonal contraception methods: COC/POP
- Long acting reversible contraception
- Barrier and other methods
- Safeguarding Issues: The law and under 16's
- Child sexual exploitation/ UME's County Lines
- Workshop scenarios
- Contraception needs of post-natal women and women over 40
- Emergency contraception
- STIs and HIV
- Partner notification
- Taking a sexual health history
- Workshops
- Questions, evaluation and close

Where and when - London
14-15 May 2020: Hamilton House
1-2 October 2020: Hamilton House

Also available: iPDUK eLearning course . Emergency contraception update.
See pages 15 for further details.

A80 GYNAE CORE SKILLS FOR FIRST CONTACT PRACTITIONERS

1 day = 7 hours' CPD £185

This interactive one-day course is targeted at primary care practitioners involved in the management of and referral decisions for women presenting with gynaecological issues.

What's included

- Review of anatomy and physiology of the female genitourinary system
- Overview of gynaecological disorders- Endometriosis, PCOS, Adhesions, Pelvic organ prolapse, Gynae cancer
- Sexual history taking & promoting sexual health
- Physical assessment
- Abdominal & pelvic examination,
- Vaginal speculum examination,
- bimanual examination, screening & specimen collection
- Diagnosis and management of common gynaecological disorders including: pelvic pain, dysmenorrhea, bleeding and heavy menstrual bleeding, common sexually transmitted infections, retained tampon and or removal of foreign body, vaginal pessary use for prolapse
- Overview of emergency contraception
- Adolescent sexual health and Fraser Guidelines explored

Where and when
London
26 June 2020: Guy's Campus

"A great, informative study day delivered with great confidence – thank you."

A121 BEST PRACTICE IN ASSESSING & MANAGING CONSTIPATION & FAECAL INCONTINENCE IN ADULTS

2 days = 14 hours' CPD £300

This course is designed for practitioners looking to improve their skills in assessing and managing adult constipation and faecal incontinence. Such disorders are commonly seen in primary care as well as in adult social care settings, usually involving a multidisciplinary approach. Those involved in treatment can include colorectal surgeons, urologists, psychologists and pain management specialists as well as nursing and support staff.

What's included:

- Pathophysiology of pelvic floor defecatory dysfunction
- Types of constipation and faecal incontinence
- Review of how constipation affects urinary functions
- Assessing the patient with constipation or faecal incontinence including psychological evaluation of patients with pelvic floor dysfunction.
- Management options including:
  - conservative management of bowel dysfunction (biofeedback)
  - pharmacological treatments
  - rectal irrigation with hands on practice
  - proper referral and working across teams.
- Nutritional and functional gut disorders-role of the specialist gastroenterology dietician
- Evaluation and close

Where and when
London
11-12 June 2020: Hamilton House

AR124 ANNUAL NMP V300 UPDATE COURSE

1 day = 7 hours' CPD £185

This one-day interactive generic course is ideal for all non-medical prescribers (NMP) with a recorded prescribing qualification (V300) who are working within the NMP role. Completion of the course fulfils the requirement for NMPs to demonstrate ongoing CPD by updating their qualification annually.

Who should attend?

All NMPs with a V300, including nurses, physiotherapists, radiographers, pharmacists, optometrists, podiatrists, midwives and paramedics.

NMPs are required to attend an annual NMP update. This course meets these requirements.

What's included

- Discuss current NMP updates and clinical governance;
- Examine current laws and legislation related to independent and supplementary prescribing;
- Discuss medico-legal issues and relate this to NMP clinical practice;
- Critically discuss practical and ethical issues in prescribing;
- Discuss common pitfalls in prescribing and prescribing errors;
- Examine adverse drug reactions and how to reduce errors;
- Discuss prescribing support resources;
- Assess clinical decision making skills in relation to evidence-based practice

Where and when

London

22 April 2020: Hamilton House

7 July 2020: Hamilton House

A19 POLYPHARMACY – THE CONUNDRUMS OF MULTIPLE DRUG PRESCRIBING MADE EASY!

1 day = 7 hours' CPD £180

This workshop has been designed to help nurses and other non-medical prescribers enhance their knowledge of polypharmacy prescribing and medicine management.

What's included

- Medicines optimisation in the polypharmacy patient
  - Aim to understand the patient's experience
  - Value to Patients
  - Advantages and disadvantages of multi compartmental devices (dossetts/MDS)
- Ensure medicines use is as safe as possible
  - Appropriate dosing in the elderly
  - Dosing in renal or hepatic impairment
  - Pharmacokinetics and narrow therapeutic window
  - QT Prolongation and cardiac effect of non-cardiac medicines
- Evidence based choice of medicines
  - Licensed v unlicensed medication
  - Deprescribing medicines (Stopping)
  - Which medicines?
  - Which one first?
  - How do you deprescribe?
  - Prescribing for prevention? (starting)
  - Anticholinergic Medicines and Cognitive Decline
- Make medicines optimisation sustainable and part of routine practice
  - Adverse Drug Reactions and Yellow Card Reporting
  - Prevention of acute kidney injury
  - Side Effects

Where and when

London

15 May 2020: Hamilton House

A116 TELEPHONE TRIAGE REFRESH & REFINE

1 day = 7 hours' CPD £175

This interactive study day is aimed at the experienced telephone triage practitioner. It provides participants with a review of basic skills and looks at more challenging issues.

What's included

- Managing a triage call review, including
  - Establishing a helpful relationship and active listening.
  - Different questioning techniques
  - Structuring the call
  - Dos and don'ts
- What makes a call difficult and how to handle the challenging caller
- Legal implications.
- Risk management; major trends, documentation, policies in telephone triage.
- Overview of common triage calls- covering main body systems: a problem-based approach
- Case scenario practice covering minor and major ailments and long term health conditions as required by participant's area of practice.
- Support systems; principles of writing protocols, audit and a discussion of what is needed in individual areas.

Where and when - London

6 May 2020:
Hamilton House

"The whole presentation was interesting and informative."

P01 PAEDIATRIC MINOR ILLNESS

3 days = 21 hours' CPD £465

Royal College of Nursing
Accredited by the RCN Centre for Professional Accreditation

This course concentrates on childhood minor illnesses from infancy to late teen years. Ideal for the practitioner who is confident with history taking and physical examination skills and wants to explore a variety of paediatric conditions in an evidence based context. A chance to share your experience and build on your expertise.

What's included

- Review of age-appropriate history taking and physical exam techniques
- Anatomical and physiological differences in children
- Recognition of the ill child
- The febrile child
- Skin problems
- ENT conditions
- Abdominal complaints
- Respiratory problems
- Eye complaints
- Reinforcers
- Course pre-requisite:

Note: Course pre-requisite - competency in history taking and physical examination skills

Where and when
London
25-27 February 2020: Hamilton House
30 June- 2 July 2020: Hamilton House

Also available:
PDUK eLearning. Free taster: The first steps in recognising the acutely ill child
See page 15 for further details

P56- YOUNG MINDS IN CRISIS: AN INTRODUCTION TO CHILD AND ADOLESCENT MENTAL HEALTH

1 day = 8 hours' CPD £180

This course is ideal for practitioners who need to develop their understanding of the mental healthcare needs of children and adolescents. Mental health (MH) disorders are increasing in this vulnerable patient group and providing early intervention, appropriate treatment and long-term support for them is one of the key challenges for the NHS. Many young people in need of MH services are currently unable to access treatment. This course will equip practitioners with the knowledge and skills to help children and adolescents develop emotional resilience and learn how to cope with life's ups and downs.

What's included

- Overview of development in childhood and adolescence
- Attachment and relationships
- Risk and protective factors
- Overview of specific problems in young people's mental health
- Mental health and resilience
- Key skills and qualities required to support children and adolescents

The perfect preparation for nurse mentors who need to upskill to meet the new undergraduate nursing standards.

Where and when - London
19 June 2020: Hamilton House

P53 THE DETERIORATING CHILD **1 day = 7 hours' CPD £180**

This course is ideal for clinicians at all levels who are required to assess and manage paediatric patients in emergency, urgent, acute and primary care settings. It is designed to help health professionals understand the anatomy, physiology and pathophysiology of very sick children who are well compensated. These paediatric patients may appear haemodynamically stable for protracted periods before sudden, rapid, catastrophic collapse. The course will give clinicians the tools to apply a structured patient assessment, enabling them to safely identify and manage patients who are most at risk.

What's included

- How to approach the paediatric patient and associated risks.
- Anatomical, physiological and pathophysiological differences:
  - airway;
  - breathing (including recognition of respiratory sounds and grunting);
  - circulation;
  - other considerations.
- 'Blind' initial assessment of the paediatric patient: an 'across the room' approach.
- Indicators for respiratory and circulatory distress versus failure in the paediatric patient.
- The role of oxygen and glucose in aerobic and anaerobic paediatric respiration and applying this to recognising the decompensating paediatric patient.
- Warm and cold shock.
- The purpuric rash, recognition and management.
- History of conception, pregnancy, labour and birth in identification of additional paediatric risk factors.
- Prematurity and low birth weight as risk factors for morbidity.
- Respiratory distress syndrome and chronic lung conditions in paediatrics
- Bronchiolitis and bronchopulmonary dysplasia.
- Paediatric necrotising enterocolitis: risk factors and recognition.
- NICE traffic light system for identifying risk of serious illness in paediatrics

Where and when
London
12 June 2020: Hamilton House

P55- 6-8 WEEK CHECK: UPDATE YOUR SCREENING SKILLS

1 day = 7 hours' CPD £185

Following Public Health England's new-born and infant physical examination (NIPE) screening guidelines, this course offers practitioners who need to refresh their skills, a chance to review theory and practice in a stimulating learning environment. The four NIPE examination screening elements are central to this programme. Hands on practice will form part of the day along with exploration of normal and abnormal findings.

Who should attend
Practitioners who have completed an accredited neonatal or 6-8-week examination course and require a yearly update. Pactitioners who would like to refine their current skills

What's included
- Introduction
- Review of the new-born infant physical examination programme NIPE) and standards
- Skill builders:
  - Screening history
  - Assessment of HENT, skin and eyes
  - Respiratory assessment
  - Cardiac assessment
  - Abdominal assessment including male and female genitalia/anus
  - Neurological assessment
  - Musculoskeletal assessment including detection of developmental dysplasia of the hip (DDH)
  - Documentation and referrals.
- Summary of infant screening

Where and when - London
17 June 2020: Guy's Campus

P54 REVIEW AND REFRESH YOUR NEWBORN SCREENING SKILLS

1 day = 8 hours' CPD £185

In line with Public Health England's new-born and infant physical examination (NIPE) screening recommendations, this review course provides both theoretical and hands-on practice for practitioners who need to refresh and update their skills. With a focus on the four examination screening elements, validation of normality and detection of the abnormal are key parts of the day.

Who should attend
Practitioners who have completed an accredited neonatal examination course and require a yearly update. Practitioners who would like to refine their current skills.

What's included
- Introduction
- Review of the new-born infant physical examination programme (NIPE)
- Skill builders:
  - Screening history
  - Assessment of HENT, skin and eyes
  - Respiratory assessment
  - Cardiac assessment
  - Abdominal assessment including male and female genitalia/anus
  - Neurological assessment
  - Musculoskeletal assessment including detection of developmental dysplasia of the hip (DDH)
  - Documentation.
- Summary of new-born screening

Where and when - London
6 May 2020: St Bart's Hospital

PDUK eLearning courses

Increase your CPD today

Stay on top of your career with PDUK's online CPD courses

Log on to PDUK's fantastic eLearning courses at a time to suit you. Our great range of online courses at www.pduk.net will help you gain industry-recognised professional qualifications to get ahead in your career.

Put eLearning on your to-do list
Our online courses are interesting, topical and designed to fill in the gaps in your knowledge. Not only can you learn at a pace to suit you, each course comes with a multiple-choice quiz to supplement your learning.

Why not try our free taster course?

To see if our eLearning courses are for you, we offer a free 30-minute taster session for you to complete. Once you're happy, you'll then be able to sign up for the course you really want. Good luck! Remember, to help you achieve your personal development goals, each course must be completed within 60 days

Our courses are the highest quality around
Each PDUK healthcare course is created for you by dedicated clinicians who are experts in their field. We can guarantee that our programmes meet the highest UK standards by consulting our panel of experts to review every aspect of each course. The result is excellent quality healthcare courses that enhance the way you work and – crucially – provide better care for your patients.

The more staff who sign up, the less you'll pay
As well as being a first-class way to learn, our online courses are extremely cost-effective. We are pleased to offer a 10% discount to employers who purchase more than 10 PDUK eLearning courses at once.

Browse our courses to find the perfect one for you.

Free Course

THE FIRST STEPS IN RECOGNISING THE ACUTELY ILL CHILD

30 minutes' CPD Free!

Dr Debra Sharu ANP, explains how to assess the severity of illness in the sick child. This course covers common symptoms and the diagnostic examination methods with which to study them. It provides a firm foundation from which practitioners can develop their skills and confidence.

EMERGENCY CONTRACEPTION UPDATE

2.5 hours CPD £32.00

Liz Sherlock's course gives an overview of emergency contraception and its practical application, based on guidance from the Faculty of Sexual & Reproductive Healthcare (FSRH).

This PDUK programme will equip practitioners with the knowledge to facilitate a woman's choice of emergency contraception and counsel on the efficacy of the various options, plus how to prevent future unplanned pregnancies. Areas covered include the common side effects and interactions of all methods of emergency contraception.

MINOR INJURIES FOR PHARMACISTS

2.5 hours CPD £32.00

This course will give pharmacists an understanding of minor injuries, including the assessment of burns, the different types of wounds and minor musculoskeletal injuries. By the end of the session, practitioners should be confident in assessing what first aid is necessary for each of the above presentations. You'll also learn when to refer on to a medical healthcare professional for further assessment and treatment.

ASTHMA IN CHILDHOOD: THE ESSENTIALS
3.5 hours CPD £38.00
This course for nurses and allied health professionals explains the initial skills needed to identify a child with asthma. Students will learn about lung function, how to treat an asthmatic episode and how to recognise and manage issues around triggers. The correct use of inhaler devices and medication compliance will also be reviewed.

IMMUNISATION UPDATE FOR HEALTH CARE ASSISTANTS
1.5 hours CPD £23.00
This course covers adult immunisations, medicine management and relevant legal and professional issues. It is intended for HCAs who have completed their initial immunisation training. This course is in line with the revised Health Protection Agency national minimum standards for immunisation training.

IMMUNISATION UPDATE (Complies with the Public Health England National Minimum Standards for Immunisation Training.)
1.5 hours' CPD £23.00
Liz Sherlock covers immunisation for adults and children, as well as the legal and professional issues surrounding immunisation. Suitable for practitioners who are qualified to immunise and already do so, this course is designed to help you meet yearly update CPD requirements.

ASSESSING MINOR HEAD INJURIES: AN INTRODUCTION
2.5 hours' CPD £32.00
David Bradley draws on his many years of experience in A&E to explain how to assess patients who may have suffered a minor head injury. Besides learning which common signs and symptoms to look out for, you'll study the skills and physical examinations that will enable you to start effectively managing minor head injuries.

Book online now:
www.pduk.net/elearning.php

PAEDIATRIC MINOR INJURIES: AN INTRODUCTION
2.5 hours' CPD £32.00
Lorrie Lawton explains how to assess and manage some of the most common paediatric minor injuries seen in Urgent Care, Minor Injury Units and Emergency Departments. This course provides a brief overview of minor injuries commonly presented in children, including the fundamentals of history taking and documentation, examination techniques, management of foreign bodies and the most common minor injuries including burns, head, face and hand injuries.

ESSENTIAL OPHTHALMIC ASSESSMENT IN PRIMARY CARE
2.5 hours' CPD £32.00
Margaret Gurney's course for primary care health professionals provides a basic understanding of the eye, its function and the assessment of common sight- and non- sight-threatening eye problems.

SKIN INFECTIONS
2.5 hours' CPD £32.00
Rebecca Davis introduces common bacterial, viral and fungal skin conditions and investigates the main causative agents, including those from the staph, herpes and tinea groups.

DEMENTIA: UNDERSTANDING AND DEALING WITH CHALLENGING BEHAVIOURS
2.5 hours' CPD £32.00
Jane Gordon examines the most common forms of challenging behaviour seen in patients with dementia. You'll learn about the causes of this behaviour and ways in which you can attempt to prevent and manage it. With real-life case studies to help you put what you have learnt into practice, this iPDUK programme is suitable for practitioners who have some experience of dealing with patients with dementia.

In-house courses

The perfect team training solution
Our targeted CPD healthcare courses mean that you decide what, when, where and how your staff learn. We'll put together a training programme specifically for your staff at a time and place to suit.

We also take the time to listen to our customers' feedback, and have discovered that PDUK's in-house events have been very well received by teams of healthcare professionals up and down the country.

Training as a group boosts competence and confidence by bringing everyone's unique skills and experience together. It brings about a great team dynamic and the chance to network, as well as offering a supportive environment for people to explore their ideas. This is why we believe our in-house courses are so successful.

We can create your perfect in-house course – just tell us what it looks like or choose from our extensive range of PDUK programmes!

What's more, the course will take place at a destination of your choice. After all, the beauty of in-house training is that you're guaranteed to get the course you want – when and where you want it.

Our one goal is to really boost your staff's knowledge and help them raise their skills to the next level, exceeding your expectations.

Once their back on shift, all your staff – from nurses to doctors and pharmacists to health visitors – will be able to use what they've learned to give their patients the best possible care.

All our in-house training solutions are commissioned by employers like you. What we do works for their team and it will work for yours, too.

Why PDUK courses provide exceptional results

Over the years, we've learnt what does and doesn't work - and we're always pushing to improve. Our comprehensive portfolio is made up of over 300 healthcare courses which we've built up over the course of a decade, combined with professional expertise, knowledge, analysis and review. Every course we run helps us to fine-tune our formula and provide exactly what you want from CPD.

Our hand-picked expert tutors are selected specifically for their cutting-edge knowledge and expertise. Working on the frontline of healthcare services means our clinicians have the empathy and insight required to help your staff keep abreast of the latest health care developments. This in turn raises the standards in your organisation.

We also know only too well that cash is not necessarily free flowing so we make sure every one of our CPD courses is outstanding value for the money. Why not make your investment work even harder by commissioning a course for a group of staff (we charge by the event rather than the number of delegates).

So why should you choose PDUK to deliver healthcare CPD to your team?
Because our sole purpose is to deliver clinical excellence. Every course we put together draws on our many years of experience, current practice and future aspirations. To help your team to improve their knowledge and skills, we create effective learning solutions based on topical educational content. Our expert tutors also bring their subjects to life using real life situations and case studies.

Better healthcare benefits not just the patient but their families, friends and wider community too. Our customer feedback has been consistently positive, and this is something we want to continue. Top-quality CPD helps to raise standards in healthcare and our reputation for promoting advanced practice within healthcare training today speaks for itself.

Having trained thousands of healthcare providers since PDUK started life way back in 2002, we are ideally placed to refine and improve our range of workshops and seminars.

Why not spend a few minutes browsing our programme of more than 300 courses to see what's on offer? Alternatively, if you have something specific in mind, we can design a unique package bespoke to your team's needs.

PDUK: advanced practice CPD for healthcare professionals
PDUK works with individuals from both the NHS and the public and private healthcare sectors, across the UK and further afield. We train health professionals from nurses (advanced practice, community, hospital and general) to healthcare assistants, health visitors, pharmacists, physiotherapists, paramedics, podiatrists, midwives, radiographers and doctors. Everyone from juniors and those straight out of uni right up to consultants.
Your CPD is so important so why not act today? Choose from the courses listed in this brochure and on our website (www.pduk.net) or get in touch for a programme designed specifically for your organisation.

Below is just a small selection of our courses:
- GUIDE TO COMPLEX WOUND CARE
- OPHTHALMIC PRACTICE IN PRIMARY CARE
- TELEPHONE TRIAGE FOR HCAS AND RECEPTIONISTS
- BEST PRACATICE IN CATHETERISATION & CATHETER CARE
- VERIFICATION OF EXPECTED PATIENT DEATH
- NMP ESSENTIALS FOR COMMON LONG TERM CONDITIONS
- PAEDIATRIC EXAMINATION MADE EASY
- BLOOD RESULTS: AN INTRODUCTION TO BASIC HAEMATOLOGY AND BIOCHEMISTRY
  INVESTIGATIONS- TAILORED TO GROUP REQUIREMENTS (See Page 7)

Save money on your terms. If there are extra places available on your course, you can team up with other local healthcare providers to share the costs. There is no minimum number of students per course, but we cap numbers for optimum learning.

One fixed price and no hidden extras – it's all included. The cost of the course includes all tutor expenses, course materials, specified equipment and certificates. Prices vary according to the programme you choose. For a quote, call us on 02392 501428.
We're here to help. When you get in touch we will offer you a quote, a course programme and a 'no obligation' proposal outlining terms and conditions. You can then see exactly what's right from the start.

Interested? We thought so!

A complete list of our in-house programmes can be found on www.pduk.net

P40 - UNDERSTANDING HEAD INJURIES: A SCHOOL NURSE'S GUIDE

1 day = 7 hours' CPD

This course goes beyond the basics and looks at head injury in more depth. It provides attendees with a better understanding of the causes and forms of head injuries and initial assessment and management

What's included

- Specific class requests
- Applied neuro anatomy
- MOI
- Forms of injury
- An introduction to patient examination
- Clinical features
- Guidelines and management, including referral parameters
- Guide to further study

IH71 DEVELOPING YOUR X-RAY INTERPRETATION SKILLS

2 days = 14 hours' CPD

This course is ideal for practitioners with little or no experience in x-ray interpretation of minor injuries and those wanting to review their interpretation skills. It will help you and your practice give a more comprehensive service to your patients. The programme will provide a mix of theory and practice: linking patient presentation with underlying anatomy and radiographic principles.
History taking & mechanism of injury will be taught throughout the course.

What's included

- Legal & professional issues including Red Dot/Red Star.
- X-ray referral process
- Principles of normal and abnormal appearances of bone, soft tissues and joints on x-rays.
- Introduction to bone tumours and other pathological processes affecting bone.
- Physiology of bone growth and fracture repair including untreated fractures.
- Fracture classification and description including the juvenile Salter & Harris classification.
- ABCs - principles of systematic x-ray interpretation.
- Clinical examination of upper limbs.
- Upper limb x-ray interpretation.
- Clinical examination of lower limbs
- Lower limb x-ray interpretation – knee and proximal femur; ankle, tibia and fibula; foot and toes.
- Pitfalls and unusual cases
- X-ray interpretation quiz
- Assessment of facial injuries including onward referrals for x-rays

NB- course attendees are encouraged to bring interesting/unusual/difficult x-ray films for discussion

A08 TOP TO TOE PHYSICAL EXAMINATION: REFRESH AND REFINE YOUR SKILLS

1 day = 7 hours' CPD

This interactive day gives you the chance to hone your examination skills and includes dynamic group participation. It is ideal for practitioners wishing to update their history taking, physical examination, reviewing signs and symptomology techniques. Perfect for advanced practice students and experienced practitioners alike.

What's included

- History taking and documentation reviser
- Top to toe physical examination: points, principles and findings
- Demonstrations
- Group practice/patient scenarios
- Group discussions

All scheduled courses can be provided in-house:
www.pduk.net/scheduled-courses

"It has definitely enhanced my examination skills."

AR75 - MUSCULOSKELETAL MINOR INJURIES – REFRESH AND REFINE YOUR SKILLS

1 day = 8 hours' CPD

This interactive musculoskeletal (MSK) workshop is designed for those diagnosing and treating patients with minor injuries. The main focus is on advancing diagnostic skills, building expertise and confidence in dealing with a wider range of MSK conditions. Perfect for the clinician who has some experience in caring for minor injuries.

Who should attend?

- ENP
- Nurse practitioners
- Front line practitioners assessing and managing minor injuries
- Allied health professionals

What's included

- Review of the examination basics:
  - Principles of injury, healing and treatment
  - History taking essentials and systematic examination methods
  - Pain referral, dermatomes and related neurological issues
  - Upper limb assessment; shoulder and neck, the elbow, the wrist and hand:
  - Lower limb assessment; the knee, calf Injury, ankle and foot:
- A&P review
- Common and more challenging presentations:
- Becoming a good diagnostician - safe practice, red flags, the difficult history, the complex history.
- Systematic physical examination reviser including special examination techniques.
- Diagnostic imaging; referral guidelines and radiographic interpretation.
- Management and treatment options.

Note: case scenarios and hands on practice are integrated throughout the workshop

AR102 EAR CARE IN THE COMMUNITY: IRRIGATION TRAINING UPDATE

1/2 day = 3.5 hours' CPD

This workshop is deal for practitioners who have previously attended an introductory ear care and irrigation course. The programme focuses on theoretical and practical considerations thereby promoting continuing competence in this area of practice.

What's included

A review of:

- Ear anatomy and physiology
- Patient assessment, history and ear examination
- The normal tympanic membrane and common ear problems
- Aural toilet and wax removal
- Indications and contraindications to ear irrigation
- Potential complications and their management
- Locally used equipment, proper use, safe disposal and cleaning
- Patient advice and after care
- Documentation
- Legal issues and professional accountability

Note: *This course is delivered in 2 half-day sessions. Both sessions are delivered on the same day to two different groups.*

"Both the course tutors were very knowledgeable and went into a lot of detail. Hands on practice was really helpful as well. A great course!'"

A83 DIABETES CARE IN GENERAL PRACTICE

1 day = 7 hours' CPD

This course is an excellent practical guide for practice nurses and HCAs who will be working with chronic disease and require grounding in assessment and current management trends for the patient with diabetes.

What's included

- Diabetes- epidemiology- a global and national perspective.
- Understanding diabetes
- How do we maintain blood glucose
- Classification of Diabetes with emphasis on Type 1 and 2
- Pathophysiology of Diabetes
- Diagnosis of Diabetes
  -Clinical signs and symptoms
  -Risk factors such as obesity
  -Diagnostic criteria
  -Understanding test results
- Complications associated with diabetes
  -Recognising and managing Hypo
  -Hyperglycaemia
  -Neuropathy
  -Nephropathy
  -Retinopathy
  -Risks of CVD
- Management of Diabetes
- Medicine and lifestyle management
  - Overview of insulin regimes
  - Driving
  - Employment
  - Empowerment model of care: The alphabet Strategy
  - Concordance
- Diabetic emergencies- identification and immediate management. Case scenarios
- Review of National Guidelines and key studies.

P35- EMERGENCY PAEDIATRICS FOR THE PRIMARY CARE PRACTITIONER

1 day = 7 hours' CPD

This is an ideal course for practitioners who see critically ill children in the community. It is aimed at experienced health care providers who want to refresh and expand their skills and knowledge in this challenging area. A range of key topics will be covered. These include spotting the acutely ill child, dealing with emergencies in children, acute mental health issues, cardio-respiratory and abdominal conditions.

What's included

- Recognising the ill child
- Safe referrals: hospital and A&E?
- Basic Paediatric Life Support
- Assessment & management of:
  - Cardio-Respiratory emergency presentations
  - Abdominal emergencies/Surgical emergencies
  - Infectious disease related emergencies
  - Mental health crises

P48 PRACTICAL SKILLS FOR ASSESSING THE ILL CHILD

2 days = 14 hours' CPD

This hands-on course covers all the basic skills needed for assessing common childhood complaints. Besides practicing history taking and examination skills for the ENT and respiratory systems, delegates will build on their knowledge to make diagnoses and management decisions.

What's included

- Age appropriate history taking and physical examination techniques.
- Recognition of the ill child.
- The febrile child.
- ENT/lymphatic examination and practice.
- ENT-related presentations (e.g. OM, sore throat).
- Respiratory assessment and practice.
- Respiratory-related presentations including upper versus lower respiratory tract infections, bronchiolitis and pneumonia.

"[I] was reassured and gained confidence with my approach towards examining and managing ill children. An invaluable course"

A122 – BEST PRACTICE IN WOMEN'S HEALTH

2 days = 16 hours' CPD

This interactive two-day course is ideal for nurses and other allied health practitioners interested in common issues surrounding women's health and fertility. It is also aimed at individuals who are moving into advanced practice.

The course will cover women's health in general from adolescence to end of life. It will also provide a detailed understanding of assessment practices and diagnosis in primary care, secondary care and across the independent sector. Enhancing knowledge and competency, the course can act as an excellent refresher for those nurses working in gynaecology as part of revalidation.

Who should attend:
Practice nurses, nurse specialists and practitioners, physician associates and nursing associates. This course would also be suitable for allied health professionals including sonographers and physiotherapists with an interest in women's health.

What's included
- Anatomy review
- History taking
- Abnormal bleeding and pelvic pain
- Gynaecology cancers
- Fertility and early pregnancy
- Contraception and sexual health
- Vaginal and bimanual examination

IH59 VERIFICATION OF EXPECTED PATIENT DEATH

1 day = 7 hours' CPD

There are situations when a doctor may not be available, and the death of a patient is anticipated. In such cases a registered nurse may verify the death has occurred. This course will provide a foundation in which nurses can work collaboratively and confidently in ensuring safe, skilful verification of expected patient death.

NP- Course delegates should be competent in performing basic physical examinations.

What's included
- The role of the medical and non-medical health care providers in verification of expected death including confirmation of resuscitation status and the legal position of verifying a patient has died.
- Theory and practice of the verification procedure:
  - Clinical examination following suspected death - respiratory, cardiovascular and pupil assessment.
- Documenting a death.
- Bereaved relatives, communication and breaking bad news.
- The role of the undertaker.
- The coroner's role and when to refer.
- Providing the police with necessary information.
- What to do in a potential crime scene

A101 THE NMP'S GUIDE TO DEPRESSION AND ANXIETY DISORDERS

1 day = 7 hours' CPD

This course for non-medical prescribers will review essential prescribing practice for depression and anxiety spectrum disorders in primary care. In order to provide an interactive learning experience that will help NMPs improve their knowledge, expertise and quality of care, delegates will look at case studies and real-life situations.

What's included

- The day will commence by establishing your familiarity with the following principles that will be used in the case studies.
- Medicines optimisation - an understanding of what this involves and the importance of its role in each of the conditions.
- Medication review - what this means and the different levels of medicines reviews.
- How often a patient's medication should be reviewed.
- Medicines reconciliation and why it's particularly important in long term conditions.
- Why patient experience and involvement is essential.
- What to consider regarding drug to-drug interactions when prescribing new medicines.
- Black triangle medicines: what you need to know.
- Using a care pathway, a patient's journey will be mapped from initial attendance to secondary care.
- Using various screening tools and how to access these.
- Free non-medical treatments available and how to signpost your patient appropriately.
- Medication in depression and anxiety, including:
- First-line, second-line and third-line choices.
- Other comorbidities affecting choice of medicine.
- Side-effects of medicine and how these can be advantageous in certain patients.
- Switching safely from one medication to another.
- Finding further information about these medicines as a health-care professional and as a patient.
- Patients and medicines at risk of QT prolongation and how to manage these risks.
- Communicating healthy lifestyle messages including alcohol consumption.
- Sleep hygiene and patients understanding the importance of sleep.
- The basics of antipsychotic medication including clozapine.
- The importance of monitoring lithium levels in patients.
- Information sources and advice for patients who are pregnant or breastfeeding.
- Elderly patients, complex polypharmacy and medication for mental health.

A97B AN INTRODUCTION TO TRAVEL HEALTH

1 day = 8 hours' CPD

From vaccinations and Malaria prevention strategies, to maintaining water and food safety abroad, travel health is a complex topic. Training is essential and this one-day course is designed to prepare you in the foundations of the subject. It's aimed at novices in travel health as well as more experienced practitioners. At the end of the day you'll have a good understanding of all the essential issues and key resources to support your practice. The course is in line with the RCN travel health medicine competency framework and the Public Health England standards for immunisation training.

What's included

- Introduction to travel medicine - brief overview including global stats.
- Travelers health epidemiology
- The importance of assessing each traveler's individual risk
- Overview of travel-related diseases and their prevention, including travel vaccines
- Travelers diarrhoea, prevention and treatment
- Malaria prevention and related medication, ACMP guidelines
- Useful travel health products - e.g. repellents, mosquito nets
- Hepatitis B - latest news, vaccine supply, priority groups, PHE updates
- Understanding and management of anaphylaxis - (NB not certificated)
- Legal and professiona responsibilities
- Current issues - hot topics
- The best sources of information - essential resources, best practice guidance
- Scenarios - with focus on business travelers

P57 PAEDIATRIC IV THERAPY WORKSHOP

1 day = 8 hours' CPD

This course is ideal for practitioners who work with children in acute care or in the community. It is relevant for those who are new to IV therapy and for those that would like to review their knowledge of current evidence based paediatric intravenous therapy practice.

What's included

- Definition of IV therapy and its purpose
- Ways of delivering intravenous therapy (continuous, intermittent, bolus injection) and routes available including emergency, short term and long term.
- Devices: Peripheral venous access Central venous access
- Preparing IV therapy including aseptic non-touch technique (ANTT)
- Administration of IV therapy including pump devices and ANTT
- Securing devices and maintaining line patency including the practitioner's responsibilities for the IV site.
- Fluids and total parenteral nutrition (TPN)
- Drug calculations
- Drug compatibility and instability
- When things go wrong.
- Professional, legal, and ethical issues of paediatric IV therapy
- Documentation

""Course organisation was excellent and the programme was exactly what our staff needed.""

Useful Information/ Terms & Conditions

For information on our data protection policy go to www.pduk.net

Scheduled course times & fees
Courses usually run from 10:00am- 16:30pm. Timings will be confirmed in your course information pack, 2-3 weeks before the event.
All fees are inclusive of standard UK VAT rates and include tuition, course material and certificate of completion. Our scheduled events include morning and afternoon refreshments. Accommodation is not included.

Booking discount
There is a 10% group-booking discount on PDUK scheduled courses. Bookings must be for groups of 4 or more attendees for the same event. All applications must be submitted at the same time. This discount does not apply with any other offer.

Booking a scheduled event
Bookings can be made over the telephone, or online through our website: **www.pduk.net.** Bookings are regarded as firm bookings and you are advised that once made you have entered into a contract. Provisional bookings are NOT accepted.

Payments
Employer or third party sponsored applications. - An invoice is raised once an application is processed. Payment is due within 30 days of issue. When available please quote purchase order numbers.
It is strongly advised that funding be secured before booking a course. If an employer refuses to pay, the attendee is liable for full payment.
Bookings made by self-pay candidates must be paid in full within 30 days of application or 4 weeks prior to the course commencing, whichever is soonest. Payment for courses can be split into two or three payments. This option is only open when agreed in advanced with PDUK. If you are interested in this option contact us on info@pduk.net or 02392501428. Course packs will not be posted until full payment is made.

Payment methods
Choosing the invoice option when booking - Paying directly into our bank account, details as provided on the invoice. (Please use the invoice no. as payment reference).
Choosing the credit or debit card option when booking
-Credit or debit card payments can only be made online, in full, at the time of booking. Late payments will incur an additional 8% charge.
NOTE: ***Bank cheques are no longer accepted as a form of payment***

Cancellations received 5 weeks before the start of the course may be liable to a £15 cancellation fee. Cancellations received within 5 weeks of the event are liable for the full course fee. All cancellations must be made by email and will not be accepted by any other means. We are happy to accept a substitution candidate at no additional cost but do require their contact details. Full payment will be due from anyone who fails to attend.

Course changes
Practitioner Development UK reserves the right to change the venue, cancel a course or defer to a later date(s) at any time and without prior notice. Fees will be refunded in full should delegates not wish to attend the alternative date or in the event of a cancellation. Practitioner Development UK is not responsible for personal expenses incurred due to a cancelled event.

Travel & accommodation
We advise you NOT to book accommodation and travel until you have received your course information pack. This will be sent 2-3 weeks before the course commences. Practitioner Development UK will not reimburse these costs.

Purchasing E-learning
Payment for individuals must be made at the time of purchase via credit or debit card. All card transactions must be made online at www.pduk.net. If an invoice is required for a bulk purchase by an organisation, please contact us on **info@pduk.net** or call 02392 501428.

PRACTITIONER DEVELOPMENT UK LTD

SPRING/SUMMER 2020
- **Visit us online: www.pduk.net**
- **Call us: 0207 1019294**
- **Or 02392 501428**

Practitioner Development UK Ltd., Third Floor, 86-90 Paul Street, London EC2A 4NE

Shore up your career path and reach your potential today

Sign up for a PDUK training course and add to your list of professional qualifications now

We aim to make healthcare provision better – it's what we do. We believe that the best way of doing this is to continuously improve the knowledge, skills and expertise of thousands of healthcare practitioners worldwide.
PDUK's training courses are internationally renowned and are designed to help health professionals progress in their careers and achieve the highest standards in their working roles.
PDUK is proud of its history, having pioneered advanced healthcare training in the UK well over a decade ago with our very first RCN-accredited course. Since then, we've developed our professional training programme to provide a comprehensive range of more than 300 courses. We refine and update all our programmes regularly in order to comply with the ever-changing needs of patients, practitioners and the health service. This attention to detail means we can provide the best healthcare CPD courses on the market.

PDUK courses are professionally recognised
Many of our courses are accredited by the RCN and the CPD Standards Office.

Revalidate your licence and keep your knowledge up-to-date with extra CPD
All nurses who are registered with the Nursing and Midwifery Council are now required to revalidate their licenses (http://revalidation.nmc.org.uk/). This involves completing 35 hours of continuing professional development (CPD) over three years. Our fully certified flexible training solutions not only count towards this but also enhance your professional portfolio.
Our courses also provide the CPD requirements of advanced nurse practitioners as well as other health professionals.

Keep up with new developmentss
Healthcare law, guidelines and standards are constantly changing and it's essential that practitioners are fully informed about current clinical developments and procedures. That's why all our courses are created and delivered by experienced clinicians who are dedicated to passing on their expertise.

Our springboard to excellence
PDUK's takes the training of healthcare professionals very seriously in order that they can perform properly. We're here to support your staff so that they can become accomplished in their profession. Our targeted courses give health practitioners – from nurses to midwives, pharmacists, health visitors and doctors – the specialist knowledge and skills they need to progress at work. Our scheduled and in-house healthcare training courses in the UK and abroad are the best CPD possible. When you train with PDUK, we help you to achieve clinical excellence and – most important of all – outstanding patient care.
Slot CPD into your life PDUK's eLearning courses help you move forward in your career, whichever discipline you're in and whatever stage you're at. Find out more at **http://www.pduk.net.**

HOW PDUK BEGAN
Debra Sharu DPhil, ANP is a fully qualified family nurse practitioner, as well as an experienced clinician, academic, educator and author. From her earliest days as a hospital ward nurse, Dr Sharu has been passionate about improving advanced practitioner education. She created PDUK in 2002 to fill the gap in the market for quality training aimed specifically at healthcare professionals.